



May
MAY



SUN	MON	TUE	WED	THU	FRI	SAT
<div>1</div> <div>Amenity Key: GM-Game Room F-Flex Fitness Y-Yoga Studio PL-Pool</div>	<div>2</div> <div>Aqua Aerobics 9AM/10AM Meditation 2PM (T) Dance Therapy w/ Addy 3PM (CB) Resident Led Cards Club 3PM/6:30PM</div>	<div>3</div> <div>Str/Balance 9AM (S) Lisa Ferguson Mother's Day Flower Arranging 11AM (C)** Yoga w/ Peggy 1PM (Y) Tech Tuesday Q&A 2PM (C) Cocktail Making Class 3PM (GM)</div>	<div>4</div> <div>Waffle Wednesday 8:30AM (C) Aqua Aerobics 1PM/2PM Rummi Cube 2PM Wine Down Happy Hour 4:30PM (C) Trivia & Karaoke w/ Richard 4:30PM (C)</div>	<div>5</div> <div>Str/Balance 9AM (S) Yoga w/ Peggy 10AM (Y) Cinco de Mayo Party 4PM (GM) Featuring Lowcountry Guitarist 4PM (GM) Scrabble 5PM (C) Resident Led Cards Club 6:30PM</div>	<div>6</div> <div>Core Class 9AM (S) Aqua Aerobics 12PM Jeopardy 2PM (GM) Movie Friday "Resident's Choice" 3PM (T)</div>	<div>7</div> <div>Resident Led Potluck Brunch 12PM (GM)-cancelled Resident Led Gin Rummy 6:30PM</div>
<div>8</div> <div>Amenity Key: C-Club Room D-Discovery Room T-Theatre CB-Cabana</div>	<div>9</div> <div>Aqua Aerobics 9AM/10AM Popsicles by the Pool 12PM (CB) Meditation 2PM (T) Book Club 3PM (GM) Resident Led Cards Club 3PM/6:30PM</div>	<div>10</div> <div>Str/Balance 9AM (S) Knitting Class for Beginners 11AM (C) Shuffleboard Tournament 12PM (S) Yoga w/ Peggy 1PM (Y) Tech Tuesday Q&A 2PM (C) Bonnie Muntz-Pope Falls Presentation 3PM (C)</div>	<div>11</div> <div>Bingo 11AM (GM) Aqua Aerobics 1PM/2PM Rummi Cube 2PM Wine Down Happy Hour 4:30PM (CB) Sponsored by AmeriLife Insurance</div>	<div>12</div> <div>Str/Balance 9AM (S) Yoga w/ Peggy 10AM (Y) Resident Speaker Series: Joe Bergeron 11AM (C) Reinvented Boutique Fashion Show 3PM (C) Scrabble 5PM (C) Resident Led Cards Club 6:30PM</div>	<div>13</div> <div>Core Class 9AM (S) Registered Nurses Club Meeting 10AM (D) Aqua Aerobics 12PM Jeopardy 2PM (GM) Wine with the Women 3PM (CB)</div>	<div>14</div> <div>Resident Led Walking Group 9AM Resident Led Gin Rummy 6:30PM</div>
<div>15</div> <div>Amenity Key: S-Shuffleboard P-Pickleball SZ-Sizzle Barbeque DL-Den Lounge</div>	<div>16</div> <div>Aqua Aerobics 9AM/10AM Mimosa Monday for National Mimosa Day 12PM (C) Meditation 2PM (T)-cancelled Dance Therapy w/ Addy 3PM (CB) Resident Led Cards Club 3PM/6:30PM</div>	<div>17</div> <div>Str/Balance 9AM (S) Lisa Ferguson Earring Making & Pop-Up Shop 11AM (C)** Yoga w/ Peggy 1PM (Y)-cancelled Tech Tuesday Q&A 2PM (C) Community Town Hall Meeting 5PM (C)</div>	<div>18</div> <div>New Resident Orientation 12PM (C) Aqua Aerobics 1PM/2PM Rummi Cube 2PM Wine Down Happy Hour 4:30PM (C) Trivia & Karaoke w/ Richard 4:30PM (C)</div>	<div>19</div> <div>Str/Balance 9AM (S) Yoga w/ Peggy 10AM (Y) Speaker Donna Jacobs: History of West Ashley 11AM (C) Mashed Potato Bar 2PM (C) Scrabble 5PM (C) Resident Led Cards Club 6:30PM</div>	<div>20</div> <div>Core Class 9AM (S) Aqua Aerobics 12PM Jeopardy 2PM (GM) Beers with the Boys 3PM (CB)</div>	<div>21</div> <div>Resident Led Walking Group 9AM Resident Led Gin Rummy 6:30PM</div>
<div>22</div> <div>OWA Family Fun Day 12PM-6PM (PL)</div>	<div>23</div> <div>Aqua Aerobics 9AM/10AM Meditation 2PM (T) Dance Therapy w/ Addy 3PM (CB) Resident Led Cards Club 3PM/6:30PM</div>	<div>24</div> <div>Str/Balance 9AM (S) Knitting Class for Beginners 11AM (C) Creative Writing Group 11:30AM (D) Yoga w/ Peggy 1PM (Y) Tech Tuesday Q&A 2PM (C) Restorative Yoga 7PM (Y)</div>	<div>25</div> <div>Decades Music Bingo 11AM (GM) Aqua Aerobics 1PM/2PM Rummi Cube 2PM Wine Down Happy Hour 4:30PM (C) Sally Griffin Jazz 4:30PM (C)</div>	<div>26</div> <div>Str/Balance 9AM (S) Yoga w/ Peggy 10AM (Y) Resident Speaker Program: Deb McKerrow 11AM (C) Scrabble 5PM (C) Resident Led Cards Club 6:30PM</div>	<div>27</div> <div>Core Class 9AM (S) Aqua Aerobics 12PM Jeopardy 2PM (GM) Memorial Day Celebration 3PM (CB) Featuring Holly Slice from Lowcountry Pianist 3PM (CB)</div>	<div>28</div> <div>Resident Led Walking Group 9AM Resident Led Gin Rummy 6:30PM</div>
<div>29</div> <div>Events with a ** have a cost associated Offsite event means you must arrange your own transportation</div>	<div>30</div> <div>Aqua Aerobics 9AM/10AM - cancelled Meditation 2PM (T) Dance Therapy w/ Addy 3PM (CB) Resident Led Cards Club 3PM/6:30PM</div>	<div>31</div> <div>Str/Balance 9AM (S) Freestyle Art Class 11AM (C) Yoga w/ Peggy 1PM (Y) Tech Tuesday Q&A 2PM (C) May Resident Birthday Party 3PM (GM)</div>				