

AUGUST

*GREEN MEANS
RESIDENT LED

*BLACK MEANS
OFFICE LED

SUN	MON	TUE	WED	THU	FRI	SAT
		2 No Fitness Class 10:00a-Tech Tuesday 11:00a-Ping Pong 2:00p-Billiards 2:00p-Ice Cream Sandwiches-Coffee Bar 2:00p-Chit Chat w/Suzy 3:00p-LCR Dice Game 4:00p-Rummikub	3 9:30a-Shape Up Balance 2:00p-Billiards 3:00p-Knitting Club 4:00p-Trivia w/Dan 4:00p-Rummikub	4 10:00a-Restorative & Meditation Yoga 2:00p-Billiards 1:00p-Beginner's Spanish 2:30p-Rummikub 5:00p-7:00pm-Mix & Mingle National IPA Day	5 9:00a-Sit/Stand/Sculpt 10:00a-Aqua Fit 1:00p-Woman & Wine 2:00p-Billiards 2:00p-Cornhole 3:00p-Craft Corner 3:00p-Writer's Group 4:00p-Rummikub or Jenga	6 11:00a-Walk the Halls 2:00p-Billiards 3p-Rootbeer Floats 3:00p-Horseshoes2 4:00p-Rummikub 7:00p-Evening Swim National Rootbeer Float Day
7 10:00a-Church via podcast 1p-Ping Pong 2p-Billiards 3p-Line Dancing & Social Hour 4p-Rummikub	8 9:00a-Aqua Fit 2:00p-Billiards 4:00p-Rummikub 4:00 & 6:00p-Movie Mondays	9 9:00a-Mat Pilates 11:00a-Ping Pong 1pm-Keep Safe Care Talk 2:00p-Billiards 2:00p-Chit Chat w/Suzy 3:00p-LCR Dice Game 4:00p-Rummikub	10 9:30a-Shape Up Balance 2:00p-Billiards 3:00p-Knitting Club 4:00p-Trivia w/Dan 4:00p-Rummikub 4:00p-Aqua Zumba	11 10:00a-Shape Up Circuit Training 2:00p-Billiards 1:00p-Beginner's Spanish 2:30p-Rummikub 5:00p-7:00pm-Mix & Mingle	12 9:00a-Sit/Stand/Sculpt 10:00a-Aqua Fit 1:00p-Men & Brews 2:00p-Billiards 2:00p-Cornhole 3:00-August Babies Bday 3:00p-Writer's Group 4:00p -Jenga or Rummikub	13 9:00a-Aqua Dance 11:00a-Walk the Halls 2:00p-Billiards 3-4:00pm-Jazz & Bubbly 3:00p-Horseshoes 4:00p-Rummikub 7:00p-Evening Swim National Prosecco Day
14 10:00a-Church via podcast 1p-Ping Pong 2p-Billiards 3p-Social Hour- BYOB & a snack 4p-Rummikub	15 9:00a-Aqua Fit 2:00p-Billiards 4:00p-Rummikub 4:00 & 6:00p-Movie Mondays	16 9:00a-Mat Pilates 11:00a-Ping Pong 1:00p-Armchair Astronomy 2:00p-Billiards 3:00p-LCR Dice Game 4:00p-Rummikub	17 9:30a-Shape Up Balance 2:00p-Billiards 3:00p-Knitting Club 4:00p-Trivia w/Dan 4:00p-Rummikub 4:00p-Aqua Zumba	18 10:00a-Restorative & Meditation Yoga 2:00p-Billiards No Spanish Class 2:30p-Rummikub 5:00p-7:00pm-Mix & Mingle National Pinot Noir Day	19 9:00a-Sit/Stand/Sculpt 10:00a-Aqua Fit 1:00p-Woman & Wine 2:00-Billiards 2:00p-Cornhole 3:00p-Writer's Group 4:00p-Rummikub or Jenga	20 No Fitness Class 11:00a-Walk the Halls 2:00p-Billiards 4:00p-Rummikub 3:00p-Horseshoes 7:00p-Evening Swim
21 10:00a-Church via podcast 1p-Ping Pong 2p-Billiards 3p-Line Dancing & Social Hour- BYOB & a snack 4p-Rummikub	22 9:00a-Aqua Fit 2:00p-Billiards 4:00p-Rummikub 4:00 & 6:00p-Movie Mondays	23 9:00a-Mat Pilates 11:00a-Ping Pong 2:00p-Chit Chat w/Suzy 2:00p-Billiards 3:00p-LCR Dice Game 4:00p-Rummikub	24 9a-Coffe Chat w/Michelle 9:30a-Shape Up Balance 2:00p-Billiards 3:00p-Knitting Club 4:00p-Trivia w/Dan 4:00p-Rummikub 4:00p-Aqua Zumba2 National Waffle Day	25 10:00a-Restorative & Meditation Yoga 2:00p-Billiards 1:00p-Beginner's Spanish 2:30p-Rummikub 5:00p-7:00pm-Mix & Mingle	26 10:00a-Aqua Fit 1:00p-Dudes & Brews 2:00p-Billiards 2:00p-Cornhole 3:00p-New Resident Welcome 3:00p-Writer's Group 4:00p-Rummikub or Jenga	27 9:00a-Aqua Dance 11:00a-Walk the Halls 2:00p-Yappy Hour Photos with your pet! 2:00p-Billiards 3:00p-Horseshoes 4:00p-Rummikub 7:00p-Evening Swim
28 10:00a-Church via podcast 1p-Ping Pong 2p-Billiards 3p-Social Hour- BYOB & a snack 4p-Rummikub	29 9:00a-Aqua Fit 2:00p-Billiards 4:00p-Rummikub 4:00 & 6:00p-Movie Mondays	30 9:00a-Mat Pilates 11:00a-Ping Pong 2:00p-Billiards 2:00p-Chit Chat w/Suzy 2:00p-Book Club 3:00p-LCR Dice Game 4:00p-Rummikub	31 9:30a-Aqua Fit 2:00p-Billiards 3:00p-Knitting Club 4:00p-Trivia w/Dan 4:00p-Rummikub 4:00p-Aqua Zumba National Trail Mix Day			