













it's a good day
to have a
good day

NOVEMBER



SUN	MON	TUE	WED	THU	FRI	SAT
Register with Jessica if you or your family would like to be part of our Resident Mini Trade Show!	Eat Drink — give — THANKS	1 10:30a- Balance Class 11:00a- Resident Led Aqua Aerobics Club 11:00a-2:00p- \$\$ The Tasty Crepes 2:00p- Bingo with Nikki 3:00p- DIY Decorative Plates	2 10:30a- Water Aerobics 11:00a- Book Club 12:00p- Day of the Dead Snacks and Trivia with VIP Care 5:00p- Bible Study	3 10:00a- Rosary Club 11:30a- Crochet Club 12:00p- PB&J Sandwich Bar 5:30p- Movie- Lou National Sandwich Day	4  10:30a- Yoga 1:00p- Guided Meditation 4:00p- Carmel Apple Sangria Happy Hour 6:00p- Game Night	5 Clubhouse is Open for Resident Games & Activities
6 Clubhouse is Open for Resident Games & Activities Time Change!	7  10:30a- Water Aerobics 11:00a- Guided Meditation 3:00p-Everything Apple Cider 5:30p- Movie Night- A Jazzman's Blues	8 10:30a- Balance Class 11:00a- Resident Led Water Aerobics Club 5:00p- 8:00p-\$\$ Betta's Pizza Food Truck	9 10:30a- Water Aerobics 10:00a- Build Parfaits with Katesse with mpa 3:00p- DIY Portrait Wood Ornaments 5:00p- Bible Study	10  10:00a- Rosary Club 11:30a- Crochet Club 3:30p- Gym Guyz Group Full Body Workout (First Class Free) 5:00p-7:00p\$\$ Lingo's Fish and Loaves Food Truck	11  10:30a- Yoga 12:00p- Veteran Share Circle 4:00p- Veteran's Day Happy Hour 6:00p- Game Night! National Sundae Day, Veteran's Day	12 Clubhouse is Open for Resident Games & Activities
13 Clubhouse is Open for Resident Games & Activities	14 10:30a- Water Aerobics 11:00p- Catered Brunch 3:00p- Fall Minute to Win It 5:30p- Movie Night- The Gray Man	15 10:30a- Balance Class 11:00a- Resident Led Aqua Aerobics Club 11:30a- Guided Meditation 3:30p- Hot Chocolate Bar 4:00p- Seasonal/ Holiday Trivia	16 10:30a- Water Aerobics 11:00a- Bingo 2:30p- Seasonal Shirt Customization, Bring Your Own Shirt! 4:00p-6:00p-\$\$ Monsta Lobsta Food Truck 5:00p- Bible Study 	17 10:00a- Rosary Club 11:30a- Crochet Club 3:00p- DIY Glitter Ornaments with Name 5:00p- Friendsgiving Potluck 	18 10:00a- Yoga 11:00a- Fall Photo Scavenger Hunt 4:00p- Apple Cider Margaritas & Birthdays Happy Hour 6:00p- Game Night Apple Cider Day	19 Clubhouse is Open for Resident Games & Activities 11:00a-2:00p- Lunch with the Boy Scouts
20 Clubhouse is Open for Resident Games & Activities	21 10:30a- Water Aerobics 11:00a- Humana Seminar 3:00p- Easy Pasta Cooking Demonstration 5:30p- Movie Night- Robin Hood	22 10:30a- Balance Class 11:00a- Resident Led Aqua Aerobics Club 11:00a- Donuts and Crafts with Innovacare  4:00p- Fall/Holiday Word Games	23 10:30a- Water Aerobics 11:00a- Holiday Door Hanging Craft 4:00p-7:00p- \$\$ Ms.Ts Mobile Kitchen and Treats Food Truck 5:00p- Drinksgiving- Resident Led Happy Hour 5:00p- Bible Study Drinksgiving	24  OFFICE CLOSED	25  10:30a- Yoga 11:00a- Fall Zen Coloring 12:00p- Guided Meditation 4:00p- Cranberry Apple Fall Martinis Happy Hour 6:00p- Game Night!	26 Clubhouse is Open for Resident Games & Activities
27 Clubhouse is Open for Resident Games & Activities	28  10:30a- Water Aerobics 11:30a Fall Bingo 3:00p- Guided Meditation 4:00p- Indoor Smores 5:30p- Movie Night- Run	29 10:30a- Balance Class 11:00a- resident Led Aqua Aerobics Club 12:00p- Luncheon To-Go 2:00p-5:00p- Resident Mini Trade Show- Register with Jessica!	30  10:30a- Water Aerobics 12:00p- Personalized Scrabble Letter Ornaments 5:30p- Resident Led Pie Exchange/Social 5:00p- Bible Study		Any Holiday Movie Suggestions for December? Let me know!	Register with Jessica if you or your family would like to be part of our Resident Mini Trade Show!