



SUN	MON	TUE	WED	THU	FRI	SAT
BREAKFAST WILL BE SERVED ON TUESDAYS AND THURSDAYS IN DECEMBER	Amenity Key: GM-Game Room F-Flex Fitness Y-Yoga Studio PL-Pool	Amenity Key: C-Club Room D-Discovery Room T-Theatre CB-Cabana	Amenity Key: S-Shuffleboard P-Pickleball SZ-Sizzle Barbeque	1 Str/Balance 9a Yoga w/ Peggy 10a (Y) Grief Talk w/ Vickie Guerry 11a (C) Open Studio Art Workshop 2p (C) Scrabble 5p Resident Led Cards Club 6:30p	2 Core Class 9a (S) HolidayTree&LobbyDecorating w/ Residents 1030a (Lobby) Aqua Aerobics 12p (PL) Jeopardy 2pm National Bartender's Day Mulled Wine & Cider 330p (C)	3 Resident Led Walking Group 9a Resident Led Gin Rummy 6:30p (GM)
4 Updated 12/1/22	5 Str/Balance 9a Aquaerobics 2pm (PL) Resident Led Cards Club 3/6:30p (C) Bible Study 5:50p (T)	6 Str/Balance 9a (S) Ornament Creations w/ Heather 11a (C) Yoga w/ Peggy 1p (Y) Meditation 215p (Y)	7 Pearl Harbor Ceremony 11a (C) Str/Balance 1p (P) Aquaerobics 2p (PL) Rummi Cube 2p Wine Down Happy Hour with Holiday Bazaar 4:30p(C)	8 Str/Balance 9a Yoga cancelled 10a (Y) Carl Bright Family Gospel Music & Punch and Cookies 4p (C) Scrabble 5p Resident Led Cards Club 6:30p	9 Core Class 9a (S) Aquaerobics 12p (PL) Jeopardy 2pm (GM) Intro to Pinochle 2pm (C) Wine w/ the Women 330pm(C)	10 Resident Led Walking Group 9a Resident Led Gin Rummy 6:30p (GM)
11 Events with a ** have a cost associated Offsite event means you must arrange your own transportation	12 Str/Balance 9a Aquaerobics 2pm (PL) Bookclub 3pm (T) Resident Led Cards Club 530/6:30p (C) Bible Study 5:50p (T)	13 Str/Balance 9a (S) Gingerbread House Creations w/ Heather 11a (C) Yoga w/ Peggy 1p (Y) Meditation 215p (Y) Nat'l Cocoa Day. Cocoa Tasting 330p (C) Pinochle 630p (GM) Restorative Yoga w/ Peggy 630p (Y)	14 Bingo 11a (C) Str/ Blance 1p (P) Water Aerobics 2p (PL) Rummi Cube 2p Wine Down Happy Hour with Richard Karaoke/Trivia 4:30p (c)	15 Str/Balance 9a (F) Maxine Smith Author of "Midnight Mayor Talk & Book Signing 11a (C) Open Studio art Workshop 2p (C) Caroling Practice for 19th 330p (C) Resident Led Cards Club 6:30p	16 Core Class 9a (S) National Chocolate Covered Anything Day Demo & Tasting 11a (C) Aquaerobics 12p (PL) Jeopardy 2p (GM) Firefly Distillery Tasting 330p (C)***	17 Resident Led PJ Choc Chip Pancake Breakfast 830a (C) Walking Group 9a Resident Led Gin Rummy 6:30p (GM)
18	19 Str/Balance 9a (F) Afternoon at the Ballet - "The Sleeping Beauty" 2pm (D) National Go Caroling Day. Caroling at local restaurants 4p-530p in Avondale Resident Led Cards Club 3/6:30p (C) Bible Study 5:50p (T)	20 Rabbi Aaron Visits 11a (D) Creative Writing 11am (T) Flower Class 11am *** (C) New Resident Orientation 12p (C) Yoga w/ Peggy 1p (Y) Meditation 215p (Y)	21 Mini Spa Bliss and Nail Time 11am (C) Rummi Cube 2p Wine Down Happy Hour & Ugly Sweater Holiday Party with Music by Pernell 4:30pm (C)	22 Chair Tai Chi and a Cup of Tea to Deal with Holiday Stress 1130a (D) Scrabble 5p Resident Led Cards Club 6:30p	23 Jeopardy 2p (GM) Movie Friday showing "Top Gun" 3p (T) Beer w/ The Boys 3p (T)	24 Resident Led Walking Group 9a Resident Led Gin Rummy 6:30p (GM)
25	26 Resident Led Cards Club 3/6:30p (C) Bible Study 5:50p (T)	27 DIY-Resolution Jar Making 11a(C) Dec Resident Birthday Party 330p (GM)	28 Bingo 11a (C) Rummi Cube 2p Wine Down Happy Hour 4:30pm	29 Yoga 10a (Y) Scrabble 5p Resident Led Cards Club 6:30p	30	31 Resident Led Walking Group 9a Resident Led Gin Rummy 6:30p (GM)