

SUN	MON	TUE	WED	THU	FRI	SAT
1 11:00 Cards in Gameroom 5:00 Spades*	2 2:00 Bridge for All Levels* 3:00 Coloring + Conversations*	3 11:00 Snowball Count Kick-off 2:00 Birthday Social 6:00 Zumba	4 9:00 Pop Pilates 10:00 Catered Brunch (RSVP) 12:00 B's Chicken Foot* 2:00 BINGO sponsored by Fifth and Third Bank 4:00 Karaoke* 6:00 Low Impact and Step Aerobics	5 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 1:30 Cornhole* 4:00 Improv Comedy Games* 5:30 Coach's Corner*	6 10:00 Chicken Foot (Dominoes)* 1:00 Low Impact and Step Aerobics 5:00 Happy Hour	7 10:00 Coffee + Conversations* 1:00 Rummikub* 7:00 Movie Night*
8 11:00 Cards in Gameroom 5:00 Spades*	9 2:00 Bridge for All Levels* 3:00 Coloring + Conversations* 6:00 Wine and Improv Party*	10 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility. 2:00 Writer's Club* 6:00 Zumba	11 9:00 Pop Pilates 10:00 Catered Brunch (RSVP) 12:00 B's Chicken Foot* 2:00 BINGO 4:00 Karaoke* 6:00 Low Impact and Step Aerobics	12 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 1:30 Cornhole Tournament* 4:00 Improv Comedy Games* 5:30 Coach's Corner*	13 10:00 Chicken Foot (Dominoes)* 1:00 Low Impact and Step Aerobics 5:00 Happy Hour	14 10:00 Coffee + Conversations* 1:00 Rummikub* 7:00 Movie Night*
15 11:00 Cards in Gameroom 5:00 Spades*	16 2:00 Bridge for All Levels* 3:00 Coloring + Conversations* Office Closed MLK Day	17 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 1:30 Bloody Mary Bar (RSVP) 6:00 Zumba	18 9:00 Pop Pilates 10:00 Catered Brunch (RSVP) 12:00 B's Chicken Foot* 2:00 BINGO 3:00 Book Club* 4:00 Karaoke* 6:00 Low Impact and Step Aerobics	19 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 1:30 Cornhole* 4:00 Improv Comedy Games* 5:30 Coach's Corner*	20 10:00 Chicken Foot (Dominoes)* 1:00 Low Impact and Step Aerobics 5:00 Winter Wonderland Happy Hour	21 9:30 Morning Granola Bar 10:00 Coffee + Conversations* 1:00 Rummikub* 7:00 Movie Night* National Granola Bar Day
22 11:00 Cards in Gameroom 5:00 Spades*	23 12:30 Grilled Cheese Time (RSVP) 2:00 Bridge for All Levels * 3:00 Coloring + Conversations*	24 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 2:00 Writer's Club* 3:00 Men's Social Hour 6:00 Zumba	25 9:00 Pop Pilates 10:00 Catered Brunch (RSVP) 12:00 B's Chicken Foot* 2:00 BINGO 4:00 Karaoke* 6:00 Low Impact and Step Aerobics	26 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 1:30 Cornhole* 4:00 Improv Comedy Games* 5:30 Coach's Corner*	27 10:00 Chicken Foot (Dominoes)* 1:00 Low Impact and Step Aerobics 5:00 Happy Hour with Remedy 58	28 10:00 Coffee + Conversations* 1:00 Rummikub* 7:00 Movie Night*
29 11:00 Cards in Gameroom 5:00 Spades* National Puzzle Day!	30 12:00 Get Your Croissant On (RSVP) 2:00 Bridge for All Levels* 3:00 Coloring + Conversations* National Croissant Day	31 9:30 Seated Yoga 10:15 Better Balance 11:00 Speed & Agility 3:00 Ladies Social Hour 6:00 Zumba				