


**SUN MON TUE WED THU FRI SAT**

**JANUARY**

**1**   
 11:00a-Resident's Choice Card Game  
 2:00p-R.L. Spirituality Club  
 4:30p-R.L. Movie Matinee

**2**  
 10:00a-Yoga  
 1:30p-R.L. Bridge Club  
 6:30p-Rummikub  
 7:00p-Majong

**3**  
 9:30a-Tai Chi  
 3:00p-Gentlemen's Group  
 7:00p-R.L. Poker

**4**  
 10:30a- Sudoku Station  
 1:30p-Dancing Lessons  
 4:00p-Mix and Mingle  
 5-7p-R.L. Cindy's Card Game

**5**  
 11:00a-Intro to Weight Training  
 7:00p-R.L. Cards & Games

**6**   
 10:00a-Hand and Foot Card Game  
 12:15p-Strength and Balance\*  
 3:30p-Game Hour  
 7-9p-"A Toast to the New Year"  
 Cocktail Party-Ticket Required

**7**  
 10:00a-R.L. Walking Club  
 7:00p-Resident's Choice Game Hour

**8**  
 11:00a-Resident's Choice Card Game  
 2:00p-R.L. Spirituality Club  
 4:30p-R.L. Movie Matinee

**9**  
 10:00a-Yoga  
 12:00p-Lunch & Learn-Alzheimer's "Silent Stage" with Care Access\*  
 1:30p-R.L. Bridge Club  
 4:30-5:30p-Bingo  
 6:30p-Rummikub  
 7:00p-Majong

**10**  
 9:30a-Tai Chi  
 11:00a-Durham County Library OASIS program  
 3:30p-Ladies' Tea  
 7:00p-R.L. Poker

**11**  
 10:30a- Sudoku Station  
 1:30p-Dancing Lessons  
 4:00p-Mix and Mingle  
 5-7p-R.L. Cindy's Card Game

**12**  
 11:00a-Intro to Weight Training  
 4:00p-"Songs & Sangria" Musical Bingo  
 12:30-2:00p-Crochet & Knitting Club  
 7:00p-R.L. Cards & Games

**13**  
 9:30-10:30a-Breakfast Burrito Brunch-Tickets Required  
 10:00a-Hand and Foot Card Game  
 11:00a-Strength and Balance  
 3:30p-Game Hour  
 5:00p-Reel 2 Reel

**14**  
 10:00a-R.L. Walking Club  
 7:00p-Resident's Choice Game Hour

**15**  
 11:00a-Resident's Choice Card Game  
 2:00p-R.L. Spirituality Club  
 4:30p-R.L. Movie Matinee

**16**   
 Martin Luther King, Jr. Day OFFICE CLOSED  
 10:00a-Yoga  
 1:30p-R.L. Bridge Club  
 6:30p-Rummikub  
 7:00p-Majong


**17**  
 9:30a-Tai Chi  
 12:00p-Lunch & Learn  
 3:00p-Gentlemen's Group  
 7:00p-R.L. Poker

**18**  
 10:30a- Sudoku Station  
 1:30p-Dancing Lessons  
 4:00p-Mix and Mingle  
 5-7p-R.L. Cindy's Card Game


**19**   
 11:00a-Intro to Weight Training  
 12:30p-Couples' Club Luncheon\*  
 7:00p-R.L. Cards & Games

**20**  
 9:30-10:30a-Crepe Brunch and Mimosa Bar-Tickets Required  
 10:00a-Hand and Foot Card Game  
 12:15p-Strength and Balance  
 3:30p-Game Hour  
 5:00p-Reel 2 Reel

**21**  
 10:00a-R.L. Walking Club  
 7:00p-Resident's Choice Game Hour

**22**   
 LUNAR NEW YEAR  
 11:00a-Resident's Choice Card Game  
 2:00p-R.L. Spirituality Club  
 4:30p-R.L. Movie Matinee

**23**  
 10:00a-Yoga  
 1:30p-R.L. Bridge Club  
 6:30p-Rummikub  
 7:00p-Majong

**24**   
 9:30a-Tai Chi  
 4:00p-An Introduction to Scotch  
 7:00p-R.L. Poker

**25**  
 10:30a- Sudoku Station  
 1:30p-Dancing Lessons  
 4:00p-Mix and Mingle-January Birthday Celebration  
 5-7p-R.L. Cindy's Card Game


**26**  
 11:00a-Intro to Weight Training  
 12:30-2:00p-Crochet & Knitting Club  
 7:00p-R.L. Cards & Games

**27**  
 9:30-10:30a-Bagel Brunch and Mimosa Bar-Tickets Required  
 10:00a-Hand and Foot Card Game  
 11:00a-Strength and Balance  
 3:30p-Game Hour  
 5:00p-Reel 2 Reel

**28**  
 10:00a-R.L. Walking Club  
 7:00p-Resident's Choice Game Hour

**29**  
 11:00a-Resident's Choice Card Game  
 2:00p-R.L. Spirituality Club  
 4:30p-R.L. Movie Matinee

**30**  
 10:00a-Yoga  
 1:30p-R.L. Bridge Club  
 4:30-5:30p-Bingo  
 6:30p-Rummikub  
 7:00p-Majong

**31**   
 9:30a-Tai Chi  
 3:00p-Ice Light Catcher Workshop\*  
 7:00p-R.L. Poker

**R.L.= Resident Led**  
**\*-Sign up is required**  
 Please check your e-mail for daily reminders and updates about events

Our Community Initiative for December will benefit DooR to DooR, a hospital arts program that connects musical, visual, and literary artists to patients and their caregivers at UNC Medical Center. Donations can be dropped off in the Lifestyle Center.

  
 PARTNERING WITH UNC VOLUNTEER SERVICES  
**DooR to DooR**  
 ...bringing solace and joy through the arts