





OVERTURE DANIEL ISLAND

FEBRUARY

2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 7:00 - 9:00 Walks on Wednesday 9:00 Non-Denominational Bible Study 5:00 Wine Down Wednesday with Mako Movers	2 9:15 Resident Brunch 10:30 H2O Fitness with Kristy 2:00 Crafts 3:00 Stretching Class with Peggy 4:00 Men's Beer N Babble Hour	3 7 - 9:00 Fitness Friday Walk 10:30 Core Strengthening with Kristy 1:00 Friday Mahjong 2:00 Oodles & Doodles	4 9:00 Saturday Morning Bike Ride 6:30 Resident Game Night 7:00 Movie Night
5 	6 7 - 9:00 Monday Walks 1:00 Monday Mahjong 3:00 Scrabble Monday 4:00 Mindfulness & Meditation with Peggy 5:00 Yoga Class with Peggy	7 10:30 Water Aerobics with Kristy 2:00 Tech Tuesday 3:00 The Yarn Club 5:00 All Things Committees Meeting	8 7:00 - 9:00 Walks on Wednesday 9:00 Non-Denominational Bible Study 5:00 Wine Down Wednesday	9 9:15 Resident Brunch 10:30 H2O Fitness with Kristy 11:15 Mobile Library 2:00 Crafts 3:00 Stretching Class with Peggy 4:00 Men's Beer N Babble Hour	10 7 - 9:00 Fitness Friday Walk 10:30 Core Strengthening with Kristy 1:00 Friday Mahjong 2:00 Oodles & Doodles	11 9:00 Saturday Morning Bike Ride 6:30 Resident Game Night 7:00 Movie Night
12  6:30 Superbowl Sunday!	13 7 - 9:00 Monday Walks 1:00 Monday Mahjong 1:30 Creative Writing Group Meeting 3:00 GameOn 3:00 Scrabble Monday 4:00 Culinary Arts Committee Meeting 6:00 ODI Book Club	14 10:30 Water Aerobics with Kristy 3:00 The Yarn Club 2:00 Gal-entines Afternoon	15 7:00 - 9:00 Walks on Wednesday 9:00 Non-Denominational Bible Study 5:00 Wine Down Wednesday	16 9:15 Brunch and Bingo with Home Telecom 9:30 Wellsdale Vitals Clinic 10:30 H2O Fitness with Kristy 2:00 Crafts 3:00 Stretching Class with Peggy 4:00 Men's Beer N Babble Hour 6:00 DI Connect Meeting	17 7 - 9:00 Fitness Friday Walk 10:30 Core Strengthening with Kristy 1:00 Friday Mahjong 2:00 Oodles & Doodles 6:30 Will you be my Valentine... to the Friday Fun Night?	18 9:00 Saturday Morning Bike Ride 9:30 Tai Chi Fitness Class 6:30 Resident Game Night 7:00 Movie Night
19  4:00 Grillin' and Chillin'	20 *Presidents Day* 7 - 9:00 Monday Walks 1:00 Monday Mahjong 3:00 GameOn 3:00 Scrabble Monday • Yoga Classes are cancelled in observance of Presidents Day* 6:30 Bingo Night	21 10:30 Water Aerobics with Kristy 12:00 New Resident Orientation 2:00 Tech Tuesday 3:00 The Yarn Club	22 7:00 - 9:00 Walks on Wednesday 9:00 Non-Denominational Bible Study 5:00 Wine Down Wednesday with Justin Tapp	23 9:15 Resident Brunch 10:30 H2O Fitness with Kristy 11:15 Mobile Library 2:00 Crafts 3:00 Stretching Class with Peggy 4:00 Men's Beer N Babble Hour	24 7 - 9:00 Fitness Friday Walk 10:30 Core Strengthening with Kristy 1:00 Friday Mahjong 2:00 Oodles & Doodles	25 9:00 Saturday Morning Bike Ride 6:30 Resident Game Night 7:00 Movie Night
26  9:30 Self Defense Fitness Class	27 7 - 9:00 Monday Walks 1:00 Monday Mahjong 3:00 GameOn 3:00 Scrabble Monday 4:00 Mindfulness & Meditation with Peggy 5:00 Yoga Class with Peggy	28 10:30 Water Aerobics with Kristy 11:00 Heirloom: Reinventing the Photo Album with fellow Resident Geoff Weber 3:00 The Yarn Club 5:00 Off Site Happy Hour				