








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Community/Friendship Health/Wellness Education/Lifelong Learning Fun/Recreation Convenience/Economics Safety/Security Financial/Administrative	1. 9am—12pm Provider In-House (CR) 12pm Financial Advice Lunch & Learn by Edward Jones (CR) 1pm Chair Aerobics w/ Gaily (YR) 2pm Painting w/ Beth (B) 4-6pm Happy Hour w/Patty (B)	2. Shuttle to Doctor Appointments 10am Water Aerobics 1pm Strength & Balance w/Gaily (YR) 2pm TOWN HALL MEETING (DR)	3. 10am Shuttle to Publix (\$) 10am Young Hearted Yoga (YR) 2pm Bingo w/ Edward Jones (B) 3pm Rummikub (DR) 4pm Shuttle: Happy Hour @ Guanabanas (\$)	4. 11am—Coffee Social (DR) 12pm—Scrabble/Table Games 
5. 12pm Table Games (Games Provided) 1pm MLB Spring Training (MR) 3pm Rummikub	6. 10am Shuttle: Trader Joes & Marshall's (\$) 11am Bridge, Canasta, Mahjong 1pm Chair Aerobics w/Gaily (YR) 1pm Billiards (B) 3pm Movie: "9-5: The Story of a Movement" (MR) 4pm Meet/Greet New Residents (B)	7. 10am Water Aerobics w/Kierstyn 1pm Strength & Balance w/Gaily (YR) 2pm Bridge, Canasta, Mahjong 	8. 9am—12pm Provider In-House (CR) 11:30am "Retirement, Social Security & Annuities" Lunch & Learn (CR) 1pm Chair Aerobics w/ Gaily (YR) 2pm Painting w/ Beth (B) 3pm Bocce Ball Club 4-6pm Happy Hour w/Patty (B) International Women's Day	9. Shuttle to Doctor Appointments 10am Water Aerobics w Kierstyn 11:30am Shuttle: Lunch @ Frigates (\$) 12pm Pain Management: Lunch & Learn w/ Dr. Westerhaus (CR) 1pm Strength & Balance w/Gaily (YR) 3:30pm Shuttle: Dinner @ Seasons 52 (\$)	10. 10am Shuttle to Publix (\$) 10am Young Hearted Yoga (YR) 2pm Bingo w/ Sole Homecare (B) 3pm Rummikub (DR) 4:30pm Line Dancing (DR) 	11. 10am—Garden Club meeting in the Garden 11am—Coffee Social (DR) 12pm-Scrabble/Table Games 
12. 12pm Table Games (Games Provided) 1pm MLB Spring Training (MR) 1pm - 3pm Jazz Band Practice (ML) 3pm Rummikub 	13. 10am Shuttle to Walmart (\$) 11am Bridge, Canasta, Mahjong 1pm Chair Aerobics w/Gaily (YR) 1pm Billiards (B) 2pm Resident Book Club: "Mad Honey by Jodi Picoult (CR) 3pm Movie: "This Changes Everything" (MR)	14. 10am Water Aerobics w/Kierstyn 11am "Scams and Frauds" Seminar presented by Harold Moldoff (MR) 1pm Strength & Balance w/Gaily (YR) 4pm Shuttle: Happy Hour @ La Masseria (\$)	15. 9am—12pm Provider In-House (CR) 11:30am Shuttle: Lunch @ Guanabanas (\$) 1pm Chair Aerobics w/Gaily (YR) 2pm Painting w/ Beth (B) 3pm Bocce Ball Club 4-6pm Happy Hour w/Patty (B)	16. Shuttle to Doctor Appointments 10am Water Aerobics w/Kierstyn 11am—Mexican Train 11am—Health Workshop (MR) 1pm Strength & Balance w/Gaily (YR) 2pm Nutrition Talk w/ Senior Helpers (B) 4pm Shuttle: Happy Hour @ Lewis Steak House (\$)	17. 10am Shuttle to Publix (\$) 10am Young Hearted Yoga (YR) 2pm Bingo w/ Dawn (B) 3pm Rummikub (DR) 4pm – 5pm St. Patrick's Day Happy Hour (DR) 	18. 11am—Coffee Social (DR) 12pm—Scrabble/Table Games 
19. 12pm Table Games (Games Provided) 1pm MLB Spring Training (MR) 3pm Rummikub 	20. 1pm Chair Aerobics w/Gaily (YR) 11am Bridge, Canasta, Mahjong 1pm Billiards (B) 3pm Movie: "What Happened, Miss Simone" (MR) 4pm Shuttle: Happy Hour @ Spotos (\$) 1st Day of Spring	21. 10am Water Aerobics w/Kierstyn 12pm Shuttle: Lunch @ Waterway Cafe (\$) 1pm Strength & Balance w/Gaily (YR) 3pm Tech Savvy Class (B) 	22. 9am—12pm Provider In-House (CR) 1pm Dominos (B) 1pm Chair Aerobics w/Gaily (YR) 2pm Painting w/ Beth (B) 3pm Bocce Ball Club 4-6pm Happy Hour w/Patty (B) 	23. Shuttle to Doctor Appointments 10am Water Aerobics w/Kierstyn 11am Mexican Train 1pm Strength & Balance w/Gaily (YR) 4pm Resident Birthday Party (B) 	24. 10am Shuttle to Publix (\$) 10am Young Hearted Yoga (YR) 2pm Bingo w/ Dawn (B) 3pm Rummikub (DR)	25. 11am—Coffee Social (DR) 12pm—Scrabble/Table Games 'Walking' does a body good ! 
26. 12pm Table Games (Games Provided) 1pm MLB Spring Training (MR) 3pm Rummikub	27. 10am Shuttle to Doris Italian Market & Dollar Store (\$) 11am Bridge, Canasta, Mahjong 1pm Chair Aerobics w/Gaily (YR) 1pm Billiards (B) 3pm Movie: "Becoming" (MR) 3:30pm Shuttle: Happy Hour @ Lynora's (\$)	28. 10am Water Aerobics w/Kierstyn 12pm Shuttle: Lunch @ Sailfish Marina (\$) 1pm Strength & Balance w/Gaily (YR) 3pm Tech Savvy Class (B) 	29. 9am—12pm Provider In-House (CR) 1pm Chair Aerobics w/Gaily (YR) 2pm Painting w/ Beth (B) 3pm Bocce Ball Club 4-6pm Happy Hour w/Patty (B) 	30. Shuttle to Doctor Appointments 10am Water Aerobics 1pm Strength & Balance w/Gaily (YR) 4pm Shuttle: Happy Hour @ Aqua Grille (\$)	31. 10am Shuttle to Publix (\$) 10am Young Hearted Yoga (YR) 2pm Bingo w/ Sole Homecare (B) 3pm Rummikub (DR)	HAPPY HOURS with PATTY EVERY WEDNESDAY 4PM—6PM AT THE BAR 