


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 11:00am Aldi Shopping ▶ 10:00am Chair Yoga (YR) ▶ 11:00am Chair Yoga (YR) ▶ 11:00am Bridge Club Meeting (LR) ▶ 12:00pm Mystery Lunch ▶ 12:30pm Stretch & Balance NEW(YR) ▶ 1:00pm Balance & Memory NEW(YR) ▶ 1:00pm Mah Jong (LR) ▶ 6:15pm Poker Game (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:30am ▶ 12:00pm Chair Dancing (YR) ▶ 12:30pm Chair Ballet (YR) ▶ 1:15pm Water Aerobics (P) ▶ 4:00pm Singo Bingo Happy Hour (B) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Yoga (YR) ▶ 12:00pm Yoga (YR) ▶ 1:00pm Cards and Games (LR) ▶ 3:00pm SUN Focus Group (LR) ▶ 3:30pm Publix 		<ul style="list-style-type: none"> ▶ 3:00pm Cornhole ▶ 11:00am ▶ 6:30pm Bingo Night
<ul style="list-style-type: none"> ▶ 9:00am Bocce Ball ▶ 11:00am Pickle Ball Lesson 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 11:00am Publix ▶ 12:00pm Water Aerobics (P) ▶ 1:00pm Healthy Eating Demo - Making Thai Spring Rolls (Bistro) ▶ 2:00pm Euchre (DR) ▶ 3:00pm Rummikub (LR) ▶ 3:00pm Writer's Group (Bistro) ▶ 5:00pm Paris Bistrot Dinner Trip ▶ 6:30pm Drama Series Show Time 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Chair Yoga (YR) ▶ 11:00am Chair Yoga (YR) ▶ 5:00pm Der Dutchman Lunch ▶ 12:30pm Stretch & Balance (YR) ▶ 1:00pm Balance & Memory (YR) ▶ 1:00pm Mah Jong (LR) ▶ 6:15pm Poker Game (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Knitting Club Meeting (LR) ▶ 12:00pm Chair Dancing (YR) ▶ 12:30pm Chair Ballet (YR) ▶ 1:15pm Water Aerobics (P) ▶ 4:00pm Celebrity Bartender Happy Hour with Sheron and Organizing on a Dime 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Yoga (YR) ▶ 12:00pm Yoga (YR) ▶ 1:00pm Cards and Games (LR) ▶ 1:00pm Paint and Sip (Bistro) ▶ 4:00pm Detwilers Shopping 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 11:00am Red Barn Outing ▶ 11:00am Gentle Yoga (FC) ▶ 1:15pm Water Aerobics (P) ▶ 1:00pm Mah Jong (LR) ▶ 4:00pm Fun Day Friday (B) ▶ 5:00pm Coopers Hawk Dinner Outing 	<ul style="list-style-type: none"> ▶ 11:30am ▶ 5:00pm UTC Shopping Outing ▶ 3:00pm Cornhole
<ul style="list-style-type: none"> ▶ 9:00am Bocce Ball ▶ 11:00am Pickle Ball Lesson 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Publix ▶ 12:00pm Hard Rock Casino Outing ▶ 12:00pm Pool Tournament (B) ▶ 12:00pm Water Aerobics (P) ▶ 12:30pm Bastille Day Celebration ▶ 2:00pm Euchre (DR) ▶ 3:00pm Writers Group (Bistro) ▶ 3:00pm Rummikub (LR) ▶ 6:30pm Drama Series Show Time (MR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Chair Yoga (YR) ▶ 11:00am Chair Yoga (YR) ▶ 12:00pm Sarasota Art Museum Outing & Spice Station Lunch ▶ 1:00pm Zumba/Belly Dance Lesson ▶ 12:30pm Stretch & Balance (YR) ▶ 1:00pm Balance & Memory (YR) ▶ 1:00pm Zumba/Belly Dance Lesson ▶ 1:00pm Mah Jong (LR) ▶ 6:15pm Poker Game (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Suncoast Blood Drive ▶ 12:00pm Chair Dancing (YR) ▶ 12:30pm Chair Ballet (YR) ▶ 1:15pm Water Aerobics (P) ▶ 4:00pm Celebrity Bartender Happy Hour ▶ 5:00pm Trivia with Kathy (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Yoga (YR) ▶ 12:00pm Yoga (YR) ▶ 1:00pm The Patient Trainer (LR) ▶ 1:00pm Cards and Games (LR) ▶ 4:00pm Publix Shopping ▶ 5:00pm Alloro Book Club (CR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:30am Walmart Shopping ▶ 11:00am Tour of Encompass Health Rehab and Free Lunch ▶ 11:00am Gentle Yoga (FC) ▶ 1:00pm Mah Jong (LR) ▶ 1:15pm Water Aerobics (P) ▶ 2:00pm Trader Joe's ▶ 4:00pm Fun Day Friday (B) 	<ul style="list-style-type: none"> ▶ 10:00am Garden Club (G) ▶ 12:00pm Adventure Travel Club (MR) ▶ 2:00pm Ice Cream Sundaes on Saturday (DR) ▶ 3:00pm Cornhole ▶ 6:30pm Concert & Musicals (MR)
<ul style="list-style-type: none"> ▶ 9:00am Bocce Ball ▶ 11:00am ▶ 11:00am Pickle Ball Lesson 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Publix ▶ 3:00pm Ringling Museum ▶ 12:00pm Pool Tournament (B) ▶ 12:00pm Water Aerobics (P) ▶ 2:00pm Euchre (DR) ▶ 3:00pm Writers Group (Bistro) ▶ 3:00pm Rummikub (LR) ▶ 4:30pm Man Cave Monday ▶ 5:00pm Casey Key Fish House Dinner ▶ 6:30pm Drama Series Show Time 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Chair Yoga (YR) ▶ 10:00am NEW RESIDENT ORIENTATION ▶ 11:00am Chair Yoga (YR) ▶ 11:00am Gamble Creek Farm and Lunch at The Granary ▶ 12:00pm Stretch & Balance (YR) ▶ 12:30pm Balance & Memory (YR) ▶ 1:00pm Mah Jong (LR) ▶ 6:15pm Poker Game (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 12:00pm Chair Dancing (YR) ▶ 12:30pm Chair Ballet (YR) ▶ 1:15pm Water Aerobics (P) ▶ 3:00pm Foreign Language Coffee Club (Bistro) ▶ 4:00pm Wine Down Weds. 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Yoga (YR) ▶ 12:00pm Yoga (YR) ▶ 1:00pm Mortellaro Law Snack and Chat ▶ 1:00pm Cards and Games (LR) ▶ 3:00pm Ladies Pool 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Aldi's Shopping ▶ 11:00am Gentle Yoga (FC) ▶ 12:00pm Scrabble (LR) ▶ 1:00pm Mah Jong (LR) ▶ 1:15pm Water Aerobics (P) ▶ 3:00pm Moroccan Nights Open House 	<ul style="list-style-type: none"> ▶ 3:00pm Cornhole ▶ 6:30pm Concert & Musicals (MR)
<ul style="list-style-type: none"> ▶ 9:00am Bocce Ball ▶ 11:00am Pickle Ball Lesson 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 11:00am Publix ▶ 12:00pm Pool Tournament (B) ▶ 12:00pm Water Aerobics (P) ▶ 2:00pm Euchre (DR) ▶ 3:00pm Rummikub (LR) ▶ 3:00pm Writers Group (Bistro) ▶ 5:30pm Westin Roof Top Bar ▶ 6:30pm Drama Series Show Time (MR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ 10:00am Chair Yoga (YR) ▶ 11:00am Chair Yoga (YR) ▶ 12:00pm Metro Lunch Outing ▶ 12:00pm Stretch & Balance (YR) ▶ 12:30pm Balance & Memory (YR) ▶ 1:00pm Mah Jong (LR) ▶ 6:15pm Poker Game (DR) 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 12:00pm Chair Dancing (YR) ▶ 12:30pm Chair Ballet (YR) ▶ 1:15pm Water Aerobics (P) ▶ 4:00pm Wine Down Weds. 	<ul style="list-style-type: none"> ▶ 7:30am Walking Group ▶ Shuttle 9:00am-3:00pm ▶ 11:00am Yoga (YR) ▶ 12:00pm Yoga (YR) ▶ 1:00pm Cards and Games (LR) ▶ 3:00pm Ladies Pool 		