

Along with our Continental Breakfast, enjoy a specialty hot breakfast feature on Tuesdays:

July 7: Sausage
July 14: Egg Bites
July 21: Waffles + Toppings
July 28 : French Toast

Join your neighbors at Happy Hour on Thursdays and enjoy a snack on us!

July 9: Sugar Cookies
July 16: Shrimp Cocktail
July 23: Charcuterie
July 30: Seafood Boil



Visit the office if you need any administrative functions completed:

Copies
Scanning
Printing
Theatre Instructions

Have a Medical Appointment?
Contact the office to schedule your trip



Monday & Wednesday



9:00 AM – 2:00 PM



PINNACLE
LIVING
AT FORTS FERRY

JULY 2026



45 Forts Ferry Rd
Latham, NY
12110

Property Manager
Emma Darocha

Maintenance
Dan Dane

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518-599-2145

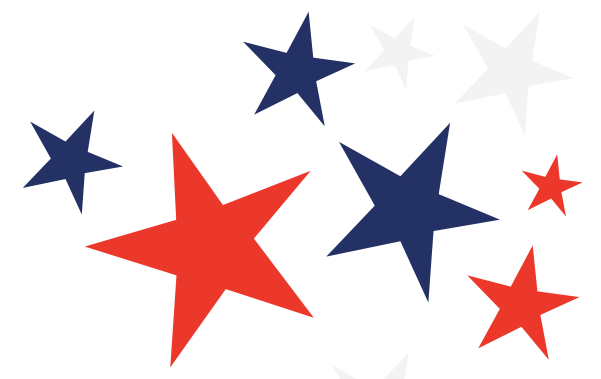
Happy July!

Summer is in full swing at Pinnacle Living! Join us this month for exciting outings, educational programs, live music, delicious food, and plenty of opportunities to connect with neighbors.

We hope to see you at our July events as we celebrate summer together!

Highlights for the Month:

July 7 - History Presentation with Jason Kramer
July 8 – Control Tower Ice Cream Outing
July 9 - Sugar Cookie Bake Off
July 13 - Root Beer Float Social with Live Music
July 14 - Breakfast Outing @ Latham '76 Diner
July 16 – Estate Planning & Legacy Seminar
July 21 – July Birthday Cookout + Potluck
July 22 - Watermelon Social
July 28 – Downsizing & Decluttering + Pastries with AARP
July 30 – Seafood Boil Social



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 ► 9:00am-2p - Medical Shuttle	2 ► 9:30 - Grocery Shuttle (V) ► 4:00 - Happy Hour (GR)	3  HAPPY INDEPENDENCE DAY! WE WILL BE CLOSED JULY 3RD	4 2:00 - 5 Crowns + (LL) 5:00 - Lucky Cards Social 
5 Bingo: 2 PM	6 ► 9:00am-2p - Medical Shuttle ► 10:00 - Stretch & Flex (FC) ► 11:00 - Drum Class (FC) ► 1:00 - Mahjong Intro (GR) ► 2:00 - Mahjong (GR)	7 ► 11:15 - Balance Fitness (FC) ► 12:15 - Aqua Aerobics (P) ► 2:30 - Jason Kramer Presentation (TH) ► 7:00 - Game Night (LL)	8 ► 9:00am-2p - Medical Shuttle ► 2:30 - Control Tower Ice Cream Outing (sign up required) (\$V)	9 ► 9:30 - Grocery Shuttle (V) ► 4:00 - Happy Hour + Sugar Cookie Bake-Off (sign up required) (GR)	10 ► 10:00 - Sit to be Fit (FC) ► 11:00 - Aqua Aerobics (P) ► 3:00 - Karaoke & Frozen Margaritas (LL) ► 4:00 - Mahjong Intro (GR) ► 5:00 - Mahjong (GR)	11 10:30 - Yoga with Laura C. (FC) 2:00 - 5 Crowns + (LL) 5:00 - Lucky Cards Social
12 Resident Breakfast: 10 AM Library Reserved 12-4	13 ► 9:00am-2p - Medical Shuttle ► 10:00 - Stretch & Flex (FC) ► 11:00 - Drum Class (FC) ► 1:00 - Mahjong Intro (GR) ► 2:00 - Mahjong (GR) ► 3:30 - Root Beer Float Social w/ Live Music (sign up required) (GR)	14 ► 9:00 - Breakfast Outing @ Latham '76 Diner (sign up required) (\$V) ► 11:15 - Balance Fitness (FC) ► 12:15 - Aqua Aerobics (P) ► 7:00 - Game Night (LL)	15 ► 9:00am-2p - Medical Shuttle ► 2:30 - Water Color Painting w/ Deborah (sign up required) (GR) ► 6:00 - Resident Council Meeting (GR)	16 ► 9:30 - Grocery Shuttle (V) ► 1:00 - Estate Planning & Legacy Seminar Lunch & Learn (sign up required) (LL) ► 4:00 - Happy Hour (GR)	17 ► 10:00 AM - Sit to be Fit (FC) ► 11:00 - Aqua Aerobics (P) ► 2:00 - Pretty Woman Movie (TH) ► 4:00 - Mahjong Intro (GR) ► 5:00 - Mahjong (GR)	18 2:00 - 5 Crowns + (LL) 5:00 - Lucky Cards Social
19 Bingo: 2 PM	20 ► 9:00am-2p - Medical Shuttle ► 10:00 - Stretch & Flex (FC) ► 11:00 - Drum Class (FC) ► 1:00 - Mahjong Intro (GR) ► 2:00 - Mahjong (GR) ► 3:00 - Technology Help Session (TH)	21 ► 11:15 - Balance Fitness (FC) ► 12:15 - Aqua Aerobics (P) ► 3:00 July Birthday Cookout + Potluck (sign up required) (PT) ► 7:00 - Game Night (LL)	22 ► 9:00am-2p - Medical Shuttle ► 3:00 - Watermelon Wednesday Social (sign up required) (GR)	23 ► 9:30 - Grocery Shuttle (V) ► 1:00 - Resident Activities Meeting & Refreshments w/ Emma (LL) ► 4:00 - Happy Hour (GR)	24 ► 10:00 - Sit to be Fit (FC) ► 11:00 - Aqua Aerobics (P) ► 2:00 - Devil Wears Prada 2 Movie (TH) ► 4:00 - Mahjong Intro (GR) ► 5:00 - Mahjong (GR)	25 Great Room Reserved 3-7 2:00 - 5 Crowns + (LL) 5:00 - Lucky Cards Social
26 Resident Breakfast: 10 AM	27 ► 9:00am-2p - Medical Shuttle ► 10:00 - Stretch & Flex (FC) ► 11:00 - Drum Class (FC) ► 1:00 - Mahjong Intro (GR) ► 2:00 - Mahjong (GR) ► 3:00 - Wordle Games (TH)	28 ► 10:00 - Downsizing & Decluttering Seminar + Pastries with AARP (sign up required) (GR) ► 11:15 - Balance Fitness (FC) ► 12:15 - Aqua Aerobics (P) ► 7:00 - Game Night (LL)	29 ► 9:00am-2p - Medical Shuttle ► 3:00 - Colonie Library + Post Office Shuttle (sign up required) (V)	30 ► 9:30 - Grocery Shuttle (V) ► 4:00 - Happy Hour + Seafood Boil (sign up required) (GR)	31 ► 10:00 - Sit to be Fit (FC) ► 11:00 - Aqua Aerobics (P) ► 2:00 - Ordinary People Movie (TH) ► 4:00 - Mahjong Intro (GR) ► 5:00 - Mahjong (GR)	PT = Patio FC = Fitness Center TH = Movie Theater GR = Great Room P = Pool LL = Library V = We are taking the van \$ = You have to pay for this event