

October Birthday's

Roland G. 10/3
 Shirley N. 10/14
 Kathleen K. 10/17
 Barbara Y. 10/17
 Douglas P. 10/27



Fall Word Search

PUMPKINHARVESTCLEAVES
 GHOSTAPPLCANDYFALLWE
 ETREOCTOBERSCARECROW
 AUTUMNCIDERNNNWEHAYRI
 DEACORNSIEARMAZECOST
 UMENNAPPLEPIEBONFIRHA
 LLOWEENBATSSEDSWEATER
 LEAFFIREPIECORNMOONLI
 GHSPIDERCARVEGHOSTRIC
 KORTREATCATFALLPARTYC
 IDERSACORNPUMPKINFOG

PUMPKIN • HARVEST • LEAVES • GHOST • CANDY
 • FALL • OCTOBER • SCARECROW • AUTUMN
 • CIDER • HAYRIDE • ACORN • COSTUME •
 BONFIRE • HALLOWEEN • BAT • SWEATER • TRICK
 OR TREAT

Highlights for the Month!

- Infinite Health PT/OT 718-473-3808 - Erin Freehan
- Perfume Making Class - Create your own signature scent. We will cover half the class, leaving \$35 per person
- Fire Prevention Seminar with John - October 14th
- Please note there is no line dancing on 10/2 - Linda is visiting her newborn grandchild!
- Joe Bruno Stadium - Troy Walk to End Alzheimer's: We will provide transportation. Our management company is the presenting sponsor! More details to follow
- We need someone to call bingo in Adam and Rebecca's absence! Please let us know if you are interested!
- Halloween WOW Dinner - Dinner on us! Wear your Halloween costume!





HAMILTON PARC



OCTOBER 2026

6051 State Farm Road
 Guilderland, NY 12084

Property Manager
 Ashton Villeneuve

Leasing Specialist
 Sophia Riggi

Lifestyle Coordinator
 TBD

Concierge
 Bonnie Lipari
 Annabel Blair

Maintenance Supervisor:
 Frank Lincourt
 John Dolan - Temp

Porter
 Jesus Silva Camacho

Shuttle Driver
 TBD

ANY EMERGENCIES AFTER
 HOURS, PLEASE CALL:
 (518)-874-0890



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION KEY - CR - Community Room - L - Library - T - Theater - DMR - Dance + Music Room - TDR - Tavern & Game Room - ACR - Art & Crafts Room - P - Pool - G - Gym	GET SOCIAL WITH US! FOLLOW US ON   	Pool Hours are M-F 9:00 - 8:00pm Sat, Sun 10:00am-2:00pm Remember to have a pool buddy	Breakfast is served Monday-Sunday 8:00am-10:00am 	▶ 9:00am-2:00pm 1 Drs.Appointments ▶ 9:00am Daily Walking Club ▶ 1:30PM MAH JONGG (TDR) ▶ 6:30-8:00pm Float & Chat Club (P)	▶ 9:00am Daily Walking Club 2 ▶ 9:30am-10:30am Mat Yoga(DMR) ▶ 2:00pm Trivia Friday (CR)	▶ 9:00am Daily Walking Club 3 ▶ 4:00pm - 5:00pm Aquatic Boot Camp with Zach ▶ 5:00pm-6:00pm OPEN SWIM with Zach
▶ 9:00am Daily Walking Club 4	▶ 8:15am Aquatic Boot Camp(PL) 5 ▶ 9:am Daily walking club ▶ 2:00pm Chair Yoga(DR) ▶ 3:30pm Stitch and Sip (CR)	▶ 9:00am Daily Walking Club 6 ▶ 9:00am-2:00pm Drs. Appointments ▶ 10:00am - Marquis Home Care Educational Semiar with donuts ▶ 1:30pm DIAMOND ART W INGE (AR) ▶ 5:00pm-7:00pm Movie Night - Eternity with make your own popcorn mix 	▶ 9:00am Daily Walking Club 7 ▶ 11:00am Indian Ladder Farms 	▶ 8:15am Aquatic Boot Camp (PL) 8 ▶ 9:00am-2:00pm Drs.Appointments ▶ 9:00am Daily Walking Club ▶ 1:30PM MAH JONGG (TDR) ▶ 5:00pm BINGO (CR) ▶ 6:30-8:00pm Float & Chat Club (P)	▶ 9:00am Daily Walking Club 9 ▶ 9:30am-10:30am Mat Yoga(DMR) ▶ 1:00am-3:00pm Wal-Mart ▶ 2:00pm Trivia Friday ▶ 6:15pm-7:00pm Line Dancing With Linda (DMR)	▶ 9:00am Daily Walking Club 10
▶ 9:00am Daily Walking Club 11 ▶ 2:00pm Parc Page Turners Book Club (L)	12 Office Closed- Columbus Day ▶ 9:am Daily walking club ▶ 2:00pm Chair Yoga (DR) ▶ 3:30pm Stitch and Sip (CR) ▶ 6:00pm MAH JONGG - ADVANCED (TDR)1	▶ 9:00am Daily Walking Club 13 ▶ 9:00am-2:00pm Drs. Appointments ▶ 10:00am Stretch and Balance with Julie - Intro class ▶ 5:00pm-7:00pm MOVIE NIGHT Resudent choice (T) 	▶ 9:00am Daily Walking Club 14 ▶ 11:00am - Fire Prevention Seminar with John ▶ 5:00pm-7:00pm Pumpkin Painting (ACR) ▶ 5:30-6:30 Aquatic Boot Camp 	▶ 8:15 -9:15am Aquatic Bootcamp 15 ▶ 9:00am Drs.appointments ▶ 9:00am Daily Walking Club ▶ 1:30PM MAH JONGG (TDR) ▶ 4:00PM Perfume Making Class - \$35 pp (ARC) ▶ 6:30pm Float & Chat Club (P)	▶ 9:00am Daily Walking Club 16 ▶ 9:30am Mat Yoga (DR) ▶ 10:00am-12:00pm Shopping Trip Glenmont Plaza ▶ 2:00pm Trivia Friday (CR) ▶ 6:15pm-7:00pm Line Dancing With Linda (DMR) 	▶ 9:00am Daily Walking Club 17
▶ 9:00am - Daily Walking Club 18 ▶ 2:00pm - Writer's Club (L) ▶ 12:00pm - Joe Bruno Stadium - Troy Walk to End Alzheimer's	▶ 8:15am Aquatic Boot Camp(PL) 19 ▶ 9:am Daily walking club ▶ 2:00pm Chair Yoga(DR) ▶ 3:30pm Stitch and Sip (CR)	▶ 9:00am Daily Walking Club 20 ▶ 9:00am-2:00pm Drs. Appointments ▶ 2:00pm-3:00pm Painting with Janice (AR) ▶ 5:00pm-7:00pm MOVIE NIGHT Resident Choice (T) 	▶ 9:00am Daily Walking Club 21 ▶ 12:30 - Soup Social (CR) ▶ 5:30pm-6:30pm Aquatic Boot Camp With Zach	▶ 8:15am Aquatic Boot Camp (PL) 22 ▶ 9:00am-2:00pm Drs.Appointments ▶ 9:00am Daily Walking Club ▶ 1:30PM MAH JONGG (TDR) ▶ 5:00pm BINGO (CR) ▶ 6:30-8:00pm Float & Chat Club (P)	▶ 9:00am Daily Walking Club 23 ▶ 9:30am-10:30am Mat Yoga (DR) ▶ 10:00am-12:00pm Price Chopper ▶ 2:00pm Trivia Friday (CR) ▶ 3:00pm Resident Bday Party (CR) ▶ 6:15pm-7:00pm Line Dancing With Linda (DMR)	▶ 9:00am Daily Walking Club 24 ▶ 4:00pm -5:00pm Aquatic Boot Camp with Zach ▶ 5:00pm-6:00pm OPEN SWIM with Zach
▶ 9:00am Daily Walking Club 25	▶ 8:15am Aquatic Boot Camp(PL) 26 ▶ 9:am Daily walking club ▶ 2:00pm Chair Yoga (DR) ▶ 3:30pm Stitch and Sip (CR) ▶ 6:00pm MAH JONGG - ADVANCED (TDR)	▶ 9:00am Daily Walking Club 27 ▶ 9:00am-2:00pm Drs. Appointments ▶ 2:00pm Card Making W Michelle (AR) ▶ 5:00pm-7:00pm MOVIE NIGHT Resident Choice (T)	▶ 9:00am Daily Walking Club 28 ▶ 9:00am-2:00pm Drs. Appointments ▶ 5:00-7:00 Halloween WOW Dinner (CR) 	▶ 8:15am Aquatic Boot Camp (PL) 29 ▶ 9:00am-2:00pm Drs.Appointments ▶ 9:00am Daily Walking Club ▶ 1:00 Aging in Place with Touching Hearts w/ Halloween Floats (CR) ▶ 1:30PM MAH JONGG (TDR) ▶ 5:00pm BINGO (CR) ▶ 6:30-8:00pm Float & Chat Club (P)	▶ 9:00am Daily Walking Club 30 ▶ 9:30am Mat Yoga (DR) ▶ 10:00am-12:00pm Shopping Trip Target ▶ 2:00pm Trivia Friday (CR) ▶ 6:15pm-7:00pm Line Dancing With Linda (DMR)	▶ 9:00am Daily Walking Club 31 ▶ 4:00pm -5:00pm Aquatic Boot Camp with Zach ▶ 5:00pm-6:00pm OPEN SWIM with Zach 