SCHAFFER HEIGHTS

NOVEMBER 2026

SUN® PROGRAM

November Birthdays

Ralph Pearson 11/03
Terry Muldoon 11/05
David Canada 11/13
Victoria Best 11/16
James Traynham 11/16
Deborah Muratore 11/17
Sierra Ames 11/18
Kimberly Ames 11/30

Got a November Birthday?

Join us for the Eddy SeniorCare Birthday Party on

November 19
at 2pm

All are welcome!

Things to Remember



Happy Birthday!

Have a November Birthday?

Join us for the birthday party in November 19th 2026

at 2 pm in Dayhaven!

Celebration is welcome to all.
Sponsored by

The Office will be closed on
November 26
and November 27
in observance of Thanksgiving

Rent is due by the 5th. Any rent received after the 15th will be subject to a $50 late charge.



Highlights for the Month



November 18th, 3:00 pm: Citizens Bank will be here discussing fraud prevention

Novemeber 20th 4pm Cobleskill Choir concert

Thanksgiving Brunch November 23
11:00 am (Sign UP)

107 Nott Terrace
Schenectady NY 12308
518.382.1956
SchafferHeights.com

Property Manager:
Megan Lockwood
Assistant Property Manager:
Mwelwa Bwalya
Maintenance Supervisor:
Al Lowery

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November 26
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Thanksgiving



SCHAFFER HEIGHTS

(DH)- Dayhaven
(CR) - Community Room
(Lobby)- Main Lobby
(EA)- Eastern Ave

NOVEMBER 2026

SUN PROGRAM

- Health/Wellness
- Community/Friendship
- Fun/Recreation
- Education/Lifelong Learning
- Finance/Legal/Admin
- Safety/Security
- Convenience/Economies

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 ▶ 9:30am BUS to Hannaford (EA) ▶ 6pm Bible Study (DH)	3 ▶ 10am Morning Brain Puzzles (DH) ▶ 1pm Crafters (Planning) Meet Up (4CR)	4 ▶ 12:30-2:30 Hairdresser *Call to make an appointment required* ▶ 5:45 Christian Fellowship Meeting (4CR)	5 ▶ 11am Chair Exercises (DH) ▶ 2pm - " How to connect with Family & friends - Using Technology (DH)	6 ▶ 8:30am BUS to PriceChopper (EA) ▶ 1pm - National Nacho Day- Build your nachos (DH)	7 
8 	9 ▶ 9:30am BUS to Hannaford (EA) ▶ 6pm Bible Study (DH)	10 ▶ 2pm Get Up and Walk! (EA) ▶ 3pm- Dice and cards (4CR)	11 ▶ 11 a.m.- In honor of Veterans Day "Coffee and Cake"(4CR) 	12 ▶ 10am Calming Hour Relaxation (4CR) ▶ 3pm Board and Card Games Meet Up (4CR)	13 ▶ 8:30am BUS to PriceChopper (EA) ▶ 10am- Thanksgiving recipe exchange (4CR) ▶ 1pm Bingo (DH)	14 
15	16 ▶ 9:30am BUS to Hannaford (EA) ▶ 11:00am Trivia Challenge (4CR) ▶ 6pm Bible Study (DH)	17 ▶ 10am Morning Brain Puzzles (DH) ▶ 1pm Crafters Meet Up (4CR)	18 ▶ 12:30-2:30 Hairdresser ▶ 3pm-Citizens Bank- Fraud Prevention Branch Manager ▶ 5:45 Fellowship Meeting (4CR)	19 ▶ 11am DISCO Chair Exercises (DH) ▶ 2pm Birthday Party & Bingo (DH)	20 ▶ 8:30am BUS to PriceChopper (EA) ▶ 1pm Northeast Regional Food Bank (DH) ▶ 4:00pm Choir Concert CobleSkill College Specical Guests	21 
22 	23 ▶ 9:30am BUS to Hannaford (EA) ▶ 11am- Thanksgiving Brunch (DH) ▶ 6pm Bible Study (DH)	24 ▶ 11am Cards and Dice (4CR) ▶ 2pm Vision Board Pt 1 (4CR)	25 ▶ 12:30-2:30 Hairdresser *Call to make an appointment required* ▶ 5:45 Christian Fellowship Meeting (4CR)	26 	27 ▶ 8:30am BUS to PriceChopper (EA) ▶ 1pm Bingo (DH)	28 
29 	30 ▶ 9:30am BUS to Hannaford (EA) ▶ 1pm - How to plan for the month Budget Conciousness (4CR) ▶ 6pm Bible Study (DH)					