HAPPY BIRTHDAY

Birthdays

Vivian B 16th

Philip E 26th



November Trivia

1- November always ends on the same day of the week as what other month of the year?

2 - What is the name of November's Full Moon?

3- What popular Thanksgiving vegetable was the first to be grown in space?

4 - What day marks the beginning of the holiday shopping season?

5 - On what day in history did the Berlin Wall came down?

6- What is a Pilgrims Pride Sandwich made of?

7 - What day was JFK assassinated?

8- Which state produces the most cranberries?

9- With 15 Best in Show titles, what dog breed has had the most wins at the National Dog Show?

See Jenn for answers

Highlights for the Month:

- Tuesdays & Thursdays - WISE Classes streamed (Topics TBD)
- Voting Shuttle, Tuesday 3rd
- Veteran's Day Bagels, Wednesday, 11th
- Mechanics Hall Brown Bag Concerts, 11th and 18th
- Holiday Shopping Shuttles: 13th Vaillancourt Folk Art, 20th Mercantile Holiday Market, and 28th Worcester Center for Crafts Holiday Festival
- Mobile Shredding visits Arbella, Wednesday, 18th
- Pregame Thanksgiving with Pilgrims Pride Sandwiches, Friday, 20th
- Computer Security Day with Online Safety BINGO, Monday 30th

THE Arbella AT BRAMBLE HILL

SUN® PROGRAM

NOVEMBER 2026

361 Arbella Dr.
Worcester, MA 01609
www.arbellabramblehill.com
(774) 448-2952

Property Manager
Cathy Ballini

Leasing & Marketing Specialist
Susan Dunshee

Lifestyle Coordinator
Jenn Knight

Maintenance Supervisor
Seth Wheeler

Maintenance Technician
Andrew Kokernak

Be Grateful







NOVEMBER 2026

THE Arbella AT BRAMBLE HILL

SUN PROGRAM

- Health/Wellness
- Community/Friendship
- Fun/Recreation
- Education/Lifelong Learning
- Finance/Legal/Admin
- Safety/Security
- Convenience/Economies

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 ▶ 10am-7pm Open Pickleball ▶ 4pm Mahjong (C) ▶ 4:30pm Patriots Watch Party (C) Daylight Savings Time Ends-FALL BACK	2 ▶ 9am Coffee with Jenn (C) ▶ 10am Strength&Cardio (FC) ▶ 11am Golf League (C) ▶ 2pm Craft & Chat (C) ▶ 4pm Walking Club ▶ 4:30pm CharcuterieWoo Class (RR) (C)	3 ▶ 7am Meditation (FC) ▶ 8am Pool Aerobics (P) ▶ 9am Shuttle: Voting (RR) ▶ 1pm Mahjong (C) ▶ 2pm WISE Gershwin & American Opera (M) ▶ 6pm Outlander (M)	4 ▶ 10am Strength & Cardio (FC) ▶ 4pm Walking Club ▶ 6pm Game Night, Mix it Up! (C)	5 ▶ 7am Meditation (FC) ▶ 9am Pool Aerobics (P) ▶ 10:30am Shuttle: Shaw's (W.Boylston St) RR) ▶ 1pm WISE Becoming George Orwell (M) ▶ 4pm Thirsty Thursday (C) International Stout Day	6 ▶ 9:30am Coffee Club (RL)(C) ▶ 11am Worcester Public Library (RR) ▶ 1pm Birthday Cake! (C) ▶ 2pm Rummikub (RL)(C) ▶ 4pm Walking Club ▶ 6:30pm Firepit Fridays	7 ▶ 10am-7pm Open Pickleball
8 ▶ 10am-7pm Open Pickleball ▶ 4pm Mahjong (C) ▶ 4:30pm Patriots Watch Party (C)	9 ▶ 10am Strength&Cardio (FC) ▶ 11am Golf League (C) ▶ 2pm Craft & Chat (C) ▶ 4pm Walking Club	10 ▶ 7am Meditation (FC) ▶ 8am Pool Aerobics (P) ▶ 9am-12pm Shuttle: Doctor Visits/Errands (RR) ▶ 1pm Mahjong (C) ▶ 2pm WISE Gershwin & American Opera (M) ▶ 6pm Outlander (M)	11 ▶ 9am Veterans' Day Bagels & Coffee (C) ▶ 11:15am Mechanics Hall Brown Bag Concert (RR) ▶ 2pm Origami Day Craft ▶ 4pm Walking Club ▶ 6pm Game Night (C)	12 ▶ 7am Meditation (FC) ▶ 9am Pool Aerobics (P) ▶ 10:30am Shuttle: Market32 (Summit) (RR) ▶ 1pm WISE Becoming George Orwell (M) ▶ 4pm Thirsty Thursday, (C) Happy Hour Day	13 ▶ 9:30am Coffee Club(RL)(C) ▶ 11am Vaillancourt Folk Art (RR) ▶ 2pm Rummikub (RL)(C) ▶ 4pm Walking Club ▶ 6:30pm Firepit Fridays	14 ▶ 10am-7pm Open Pickleball
15 ▶ 9:30am Patriots Watch Party ▶ 10am-7pm Open Pickleball ▶ 4pm Mahjong (C)	16 ▶ 8am-4pm Odd Socks Day, wear odd socks, show Jenn, get a surprise ▶ 11am Golf League (C) ▶ 2pm Craft & Chat (C) ▶ 4pm Walking Club	17 ▶ 7am Meditation (FC) ▶ 8am Pool Aerobics (P) ▶ 9am-12pm Shuttle: Doctor Visits/Errands (RR) ▶ 1pm Mahjong (C) ▶ 2pm WISE Gershwin & American Opera (M) ▶ 6:00pm Outlander (M)	18 ▶ 10am Strength&Cardio (FC) ▶ 11:15 Mechanics Hall Brown Bag Concert (RR) ▶ 1-3pm Document Shredding ▶ 4pm Walking Club ▶ 6:00pm Game Night (C)	19 ▶ 7am Meditation (FC) ▶ 9am Pool Aerobics (P) ▶ 10:30am Shuttle: Big Y Holden) (RR) ▶ 1pm WISE Becoming George Orwell (M) ▶ 4pm Thirsty Thursday (C) ▶ 6pm LRC- Game Night	20 ▶ 9:30am Coffee Club (RL)(C) ▶ 10:30am Holiday Market Shopping (RR) ▶ 2pm Rummikub (RL)(C) ▶ 4pm Walking Club ▶ 5pm Pregame-Turkey Day (C) ▶ 6:30pm Firepit Fridays	21 ▶ 10am-7pm Open Pickleball
22 ▶ 10am-7pm Open Pickleball ▶ 4pm Mahjong (C)	23 ▶ 9am-9pm Thanksgiving Movie Marathon, all day (M) ▶ 10am Strength&Cardio ▶ 11am Golf League (C) ▶ 2pm Craft & Chat (C) ▶ 4pm Walking Club	24 ▶ 7am Meditation (FC) ▶ 8am Pool Aerobics (P) ▶ 9am-12pm Shuttle: Doctor Visits/Errands (RR) ▶ 1pm Mahjong (C) ▶ 2pm WISE Gershwin & American Opera (M) ▶ 6:00pm Outlander(M)	25 ▶ 10am Strength&Cardio (FC) ▶ 4pm Walking Club ▶ 1pm WISE Becoming George Orwell (M)(rescheduled) ▶ 6pm Game Night (C)	26 Office Closed for Holiday	27 Office Closed for Holiday	28 ▶ 10am-7pm Open Pickleball ▶ 10am Holiday Festival of Crafts (RR)
29 ▶ 10am-7pm Open Pickleball ▶ 1pm Football Watch Party ▶ 4pm Mahjong (C) ▶ 8:15pm Patriots Watch Party (C)	30 ▶ 10am Strength&Cardio (FC) ▶ 11am Golf League (C) ▶ 2pm Craft & Chat (C) ▶ 4pm Walking Club ▶ 6pm Computer Security Day BINGO!	Happy Thanksgiving		**Esthetitian -** Husna (508)615-7382 **Hair Stylist -** Michelle (774)249-0275	(C) - Clubhouse (P) - Pool (FC) - Fitness Center (OP) - Outdoor Patio (M) - Movie Theater ($) - Self Pay (RL) - Resident Led (RR) - Registration Required	GET SOCIAL WITH US! FOLLOW US ON