

AUGUST EVENTS 2025

- Events in **orange** represent Liv Wellness Classes
- Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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Liv to Give: Hygiene Drive
Aug 1 - 31 | Leasing Office

HydroFit
8:00am - 8:45am | Back Pool

01

02

Morning Flow Yoga
9:15am - 10:00am | The Hub

03

HydroFit
6:30pm - 7:15pm | Back Pool

04

Yappy Hour
5:00pm - 6:00pm | Leasing Office

06

Restorative Yoga
6:30pm - 7:15pm | The Hub

07

HydroFit
8:00am - 8:45am | Back Pool

08

Pancake Breakfast
9:00am - 10:00am | The Hub

09

Relaxation & Resonance Sound Bath
7:00pm - 8:00pm | The Hub

Morning Flow Yoga
9:15am - 10:00am | The Hub

10

HydroFit
6:30pm - 7:15pm | Back Pool

11

Aussie Pet Mobile Grooming Day
10:00am - 7:00pm | Front Lot

Chimichurri Argentine Grill Food Truck
6:00pm - 8:00pm | Front Lot

13

Restorative Yoga
6:30pm - 7:15pm | The Hub

14

HydroFit
8:00am - 8:45am | Back Pool

National Relaxation Day 15

Garden Club
8:00am - 9:00am | Liv Garden

16

HydroFit
6:30pm - 7:15pm | Back Pool

17

18

19

Kid's Club
4:00pm - 5:00pm | The Hub

20

Restorative Yoga
6:30pm - 7:15pm | The Hub

21

HydroFit
8:00am - 8:45am | Back Pool

22

23

Morning Flow Yoga
9:15am - 10:00am | The Hub

24

HydroFit
6:30pm - 7:15pm | Back Pool

25

26

Restorative Yoga
6:30pm - 7:15pm | The Hub

28

HydroFit
8:00am - 8:45am | Back Pool

29

Happy Hour
6:00pm - 8:00pm | The Hub

Birria Man Food Truck
5:00pm - 8:00pm | Front Lot

30

Morning Flow Yoga
9:15am - 10:00am | The Hub

31

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