

AUGUST EVENTS 2025

- Events in **orange** represent Liv Wellness Classes
- Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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Liv to Give: Hygiene Drive
Aug 1 - 31 | Leasing Office

HydroFit
9:15am - 10:00am | Back Pool

01

Yappy Hour
9:00am - 10:00am | Bark Park

02

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

03

HydroFit
5:15pm - 6:00pm | Front Pool

04

Chimichurri Argentine Grill Food Truck
6:00pm - 9:00pm | Front Lot

06

Craft with Bella
5:00pm - 6:00pm | The Hub

Restorative Yoga
7:45pm - 8:30pm | Yoga Studio

07

HydroFit
9:15am - 10:00am | Back Pool

08

Pancake Breakfast
9:00am - 10:00am | The Hub

09

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

10

HydroFit
5:15pm - 6:00pm | Front Pool

11

Achiote Latin Cuisine Food Truck
5:00pm - 8:00pm | Front Lot

13

Restorative Yoga
7:45pm - 8:30pm | Yoga Studio

14

HydroFit
9:15am - 10:00am | Back Pool

National Relaxation Day 15

16

HydroFit
5:15pm - 6:00pm | Front Pool

18

Kids Club
4:00pm - 5:00pm | The Hub

Jimbo's Wing'n It Food Truck
5:00pm - 8:00pm | Front Lot

20

Dominos Crew
1:30pm - 2:30pm | The Hub

Restorative Yoga
7:45pm - 8:30pm | Yoga Studio

21

HydroFit
9:15am - 10:00am | Back Pool

22

Garden Club
9:00am - 10:00am | Liv Garden

Relaxation & Resonance Sound Bath
7:00pm - 8:00pm | The Hub

23

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

24

HydroFit
5:15pm - 6:00pm | Front Pool

25

Aussie Pet Mobile Grooming Day
10:00am - 7:00pm | Front Lot

Ki's Up in Smoke Food Truck
5:00pm - 8:00pm | Front Lot

27

Restorative Yoga
7:45pm - 8:30pm | Yoga Studio

28

HydroFit
9:15am - 10:00am | Back Pool

29

Happy Hour
6:00pm - 8:00pm | The Hub

Chicago Dawg House Food Truck
5:00pm - 8:00pm | Front Lot

30

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

31

26