

AUGUST EVENTS 2025

- Events in **orange** represent Liv Wellness Classes
- Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

03

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

Garden Club
8:00am - 9:00am | The Garden

10

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

24

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

31

Radiant You
6:00pm - 8:00pm | The Hub

04

11

18

25

HydroFit
6:15pm - 7:00pm | Front Pool

05

Book Club
4:00pm - 5:00pm | The Hub

HydroFit
6:15pm - 7:00pm | Front Pool

12

Aussie Pet Mobile Grooming Day
10:00am - 7:00pm | Front Lot

HydroFit
6:15pm - 7:00pm | Front Pool

19

New Move-in Orientation
5:00pm - 6:00pm | The Hub

HydroFit
6:15pm - 7:00pm | Front Pool

26

Mr. Wonderful's Chicken & Waffles Food Truck
5:00pm - 8:00pm | Front Lot

06

13

Kid's Club
4:00pm - 5:00pm | The Hub
Chimichurri Argentine Grill Food Truck
6:00pm - 9:00pm | Front Lot

20

Achiote Latin Cuisine Food Truck
5:00pm - 8:00pm | Front Lot

27

Restorative Yoga
5:15pm - 6:00pm | Yoga Studio

07

Restorative Yoga
5:15pm - 6:00pm | Yoga Studio

14

Restorative Yoga
5:15pm - 6:00pm | Yoga Studio

Liv to Give: Back to School Drive Ends

21

Restorative Yoga
5:15pm - 6:00pm | Yoga Studio

28

Liv to Give: Hygiene Drive
Aug 1 - 31 | Leasing Office

HydroFit
10:45am - 11:30am | Front Pool

01

HydroFit
10:45am - 11:30am | Front Pool

08

HydroFit
10:45am - 11:30am | Front Pool

National Relaxation Day

15

HydroFit
10:45am - 11:30am | Front Pool

22

HydroFit
10:45am - 11:30am | Front Pool

Happy Hour
6:00pm - 8:00pm | The Hub

Pacific Rim Hawaiian Food Truck
5:00pm - 8:00pm | Front Lot

29

Pancake Breakfast
9:00am - 10:30am | The Hub

Wax and Wonder
2:00pm - 4:00pm | The Hub

02

Relaxation & Resonance Sound Bath
7:00pm - 8:00pm | The Hub

16

Wicks & Sips
5:30pm - 7:30pm | The Hub

23

Yappy Hour
9:30am - 10:30am | Bark Park

30