

# **AUGUST EVENTS** 2025

Events in **orange** represent Liv Wellness Classes

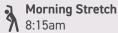


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### **DAILY ACTIVITIES:**



8:00am - 9:00am The Hub



The Yoga Studio (no class on Sundays)

# liv. liv. liv.

**MONDAY** 

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# Questions about events?

**WEDNESDAY** 

Check the Resident Portal to view descriptions about the activity and RSVP for the events!

#### Liv Responsibly []1 Challenge 9am. The Landing

**FRIDAY** 

**Book Club** 

11am. The Hub

Color & Connect

Game On:

Yahtzee

4pm, The Hub

02 Free to Play **BINGO** 3pm, The Hub

**SATURDAY** 

# **♣**\$ **\$**

Photo

Landing

Scavenger Hunt

9am. Meet in the

**₩ 3** 

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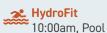
# **WEEKLY ACTIVITIES:**

#### **MONDAYS**



Chair Yoga 8:00am, Yoga Studio





#### WEDNESDAYS



Yoga with Sue 10:00am, Yoga Studio

#### **THURSDAYS**



**Dance Fitness with Zoe** Dance Fitness with Zo 10:00am, Yoga Studio

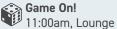
Happy Hour

# I 4pm - 6pm, The Hub

#### **FRIDAYS**



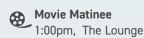
10:00am, Yoga Studio



### **SATURDAYS**



Pancake Breakfast 8am - 9am, The Hub



03 Sundae **Funday** 12:00pm, The Hub

**SUNDAY** 



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Liv to Quiz 10:00am. The Hub

**TUESDAY** 

**Techy Tuesday: Submitting Work** Orders on the Portal 2:00pm, Yoga Studio **Poker Night** 5:00pm, The Hub

Line Dancing 06

9:00am. The Lounge Tourist-In-Your-Own-

Liv to Play:

**Billiards** 

**THURSDAY** 

Town: Free Concert

Krafts with Katie

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