



AUGUST EVENTS 2025




Events in **orange** represent Liv Wellness Classes
Events in **blue** represent Resident-led event

DAILY ACTIVITIES:


-  **Coffee Chat**
8:00am - 9:00am
The Hub
-  **Morning Stretch**
8:15am
The Yoga Studio
(no class on Sundays)

WEEKLY ACTIVITIES:



MONDAYS

-  **Chair Yoga**
8:00am, Yoga Studio
-  **Wellness Workout**
9:00am, Liv Fit
-  **HydroFit**
10:00am, Pool



WEDNESDAYS

-  **Yoga with Sue**
10:00am, Yoga Studio



THURSDAYS

-  **Dance Fitness with Zoe**
10:00am, Yoga Studio
-  **Happy Hour**
4pm - 6pm, The Hub

FRIDAYS

-  **Yoga with Sue**
10:00am, Yoga Studio
-  **Game On!**
11:00am, Lounge

SATURDAYS

-  **Pancake Breakfast**
8am - 9am, The Hub
-  **Movie Matinee**
1:00pm, The Lounge

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Questions about events?
Check the Resident Portal to view descriptions about the activity and RSVP for the events!

Sundae Funday 03
12:00pm, The Hub



10

Liv to Quiz 05
10:00am, The Hub

Techy Tuesday:
Submitting Work
Orders on the Portal
1:00pm, The Hub



Yappy Hour 12
8:30am
Bark Park



Liv to Quiz 19
10:00am, The Hub

Techy Tuesday:
Making Payment on
the Resident Portal
1:00pm, The Hub



Yappy Hour 26
8:30am, Bark Park

Liv to Learn
with Eric Johnston
1:00pm, Yoga Studio



Line Dancing 06
2:00pm, Yoga Studio

Poker Night
5:00pm, The Hub



'Radiant You': 13
Mini Guided
Facials
3:30pm, The Hub
(space is limited,
rsvp with Zoe)



Napkin 20
Folding Class
11am, The Hub

Poker Night
5:00pm, The Hub



Community 27
Potluck
Theme: All
American Diner
12pm, The Hub



Liv to Play: 07
Billiards
9:00am, The Lounge

Tourist-In-Your-Own-
Town: Free Concert
6:00pm, Heard Museum



Name that 14
Tune!
5pm, The Hub



Liv to Play: 21
Darts
9:00am, The Lounge

August Birthday
Celebrations
4-6pm, The Hub



Karaoke 28
4-6pm, The Lounge



Liv Responsibly 01
Challenge
9am, The Landing

Book Club
4pm, The Hub



Game On: 08
Yahtzee
11am, The Hub

Color & Connect
1pm, The Hub



Game On: 15
Bunco
11am, The Hub

Grill & Chill
12pm, The Grills



Game On: 22
Mancala
11am, The Hub

Restaurant Review:
Pasta Love
4pm, The Hub



Game On: 29
Jenga
11am, The Hub

Krafts with Katie
2pm, The Hub



Free to Play 02
BINGO
3pm, The Hub



Photo 16
Scavenger Hunt
9am, Meet in the
Landing



Game On: 23

