

# JULY EVENTS 2026

● Events in orange represent Liv Well events  
 ● Events in blue represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**Smac and Cheese Food Truck**  
 5:00pm - 8:00pm | Front Lot

01

**Hydrofit**  
 6:45pm - 7:30pm | Back Pool

02

03

**INDEPENDENCE DAY**  
 OFFICE CLOSED

04

**Morning Flow Yoga**  
 8:00am - 8:45am | Yoga Studio

05

**Hydrofit**  
 6:45pm - 7:30pm | Front Pool

06

**World Chocolate Day**  
 10:30am - 2:00pm | Leasing Office

**Pilates**  
 6:00pm - 6:45pm | Yoga Studio

07

**Taqueria Las Palmas Food Truck**  
 5:00pm - 8:00pm | Front Lot

08

**Hydrofit**  
 6:45pm - 7:30pm | Back Pool

09

10

**Pancake Breakfast**  
 9:00am - 10:00am | The Hub

11

**Morning Flow Yoga**  
 8:00am - 8:45am | Yoga Studio

12

**Hydrofit**  
 6:45pm - 7:30pm | Front Pool

13

**Pilates**  
 6:00pm - 6:45pm | Yoga Studio

**Book Club**  
 4:00pm | The Hub

14

**Kid's Club**  
 10:30am - 11:30am | The Hub

**Chimichurri Argentine Grill Food Truck**  
 5:00pm - 8:00pm | Front Lot

15

**Hydrofit**  
 6:45pm - 7:30pm | Back Pool

16

17

18

**Morning Flow Yoga**  
 8:00am - 8:45am | Yoga Studio

**Garden Club**  
 10:00am - 11:00am | Liv Garden

19

**Hydrofit**  
 6:45pm - 7:30pm | Front Pool

20

**Pilates**  
 6:00pm - 6:45pm | Yoga Studio

21

**Delights Backyard Bayou Food Truck**  
 5:00pm - 8:00pm | Front Lot

22

**Welcome New Move In Orientation**  
 5:15pm - 5:45pm | The Hub

**Hydrofit**  
 6:45pm - 7:30pm | Back Pool

23

**Happy Hour**  
 6:00pm - 8:00pm | The Hub

24

**Yappy Hour**  
 7:30am | Bark Park

25

**Morning Flow Yoga**  
 8:00am - 8:45am | Yoga Studio

26

**Hydrofit**  
 6:45pm - 7:30pm | Front Pool

27

**Nutrition Myth vs. Fact Challenge**  
 5:00pm | Liv Ahwatukee

**Pilates**  
 6:00pm - 6:45pm | Yoga Studio

28

**Taquizas Sin Fronteras Food Truck**  
 5:00pm - 8:00pm | Front Lot

29

30

31

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