

DAILY ACTIVITIES:

 **Coffee Chat**
8:00am - 9:00am
The Hub

WEEKLY ACTIVITIES:

LOOK FOR ICON ON CALENDAR

MONDAYS

 **Strength & Balance**
9:00am, Yoga Studio

TUESDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Techy Tuesdays**
1:00pm, The Hub

WEDNESDAYS

 **Hydrofit with Zoe**
9:00am, Pool

THURSDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Happy Hour**
4pm - 6pm, The Hub

FRIDAYS

 **Dance Fitness with Zoe**
9:00am, Yoga Studio

SATURDAYS

 **Pancake Breakfast**
8am - 9am, The Hub
 **Movie Matinee**
1:00pm, The Lounge

SUNDAYS

 **Neighbors Helping Neighbors**
11am, The Hub

liv+
union peak

JULY 2026

 Events in **orange** represent Liv Wellness Classes
 Events in **blue** represent Resident-led event
 Attend events in **purple** and earn Liv Loyal Rewards!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
  			Pop Tab Collection Begins 01 9:00am Community Potluck: Red, White & Yum 01 4pm, The Hub  	Stars, Stripes and Sips Happy Hour 02 4pm, The Hub Tourist in Your Own Town 02 6:30pm, Offsite   	Grill & Chill 03 12pm, The Grills NO VALET TRASH 	INDEPENDENCE DAY 04 Liv to Learn: 250 Years of American Independence 10am, Yoga Studio   
05  	Pickleball 06 7am, The Rec Easy & Fun Rummikub Game 1pm, The Hub  	Liv to Quiz 07 10am, The Hub    	Paper Reset & Repurpose Day 08 2pm, The Hub 	Liv to Play: Indoor Shuffleboard 09 10am, The Lounge   	Game On: Mancala 10 11am, The Hub  	  
Sundae Funday 12 2pm, The Hub  	Easy & Fun Rummikub Game 13 1pm, The Hub  	FIFA World Cup Semifinal 1 14 12pm, The Lounge    	FIFA World Cup Semifinal 2 15 12pm, The Lounge Pop Tab Collection Ends 5pm  	July Birthday Celebrations 16 4pm, The Hub   	Garden Club 17 8am, Meet in the Hub 	FIFA World Cup 3rd Place Match 18 2pm, The Lounge  
FIFA World Cup Final 19 12pm, The Hub  	Pickleball 20 7am, The Rec Easy & Fun Rummikub Game 1pm, The Hub  	Liv to Quiz 21 10am, The Hub    	Yappy Hour with Pup Cups 22 8:00am, Bark Park 	Meet Your Neighbors Happy Hour 23 4pm, The Hub   	Krafts with Katie: Floral Arranging 24 2pm, The Hub  	Line Dancing Class 25 3pm, Yoga Studio   
26  	Easy & Fun Rummikub Game 27 1pm, The Hub  	28    	Photo Scavenger Hunt 29 3pm, Meet in the Landing  	Liv to Play: Darts 30 10am, The Lounge Woww Effect Expo 6pm, The Hub   	Book Club 31 4pm, The Lounge 	Questions about events? Check the Resident Portal to view more info about and RSVP for the events!