

JULY EVENTS 2026

● Events in **orange** represent Liv Well events
 ● Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



05	06	Pilates 6:00pm The Hub	Garden Club 3:00pm - 4:00pm Liv Garden	Strength Training 8:00am - 8:30am Liv Fit		INDEPENDENCE DAY OFFICE CLOSED
12	13	Kid's Club 4:00pm - 5:00pm The Hub Pilates 6:00pm The Hub		Strength Training 8:00am - 8:30am Liv Fit		Pancake Breakfast 10:00am - 11:00am The Hub
19	20	Pilates 6:00pm The Hub	Happy Hour 5:00pm - 6:30pm The Hub	Strength Training 8:00am - 8:30am Liv Fit		
26	27	Pilates 6:00pm The Hub		Strength Training 8:00am - 8:30am Liv Fit Yappy Hour 4:00pm - 5:00pm Bark Park		

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