

AUGUST EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Flow Yoga 8:00am - 8:45am Yoga Studio 02	Hydrofit 6:45pm - 7:30pm Front Pool 03	Pilates 6:00pm - 6:45pm Yoga Studio 04	Chimichurri Argentine Grill Food Truck 6:00pm - 8:00pm Front Lot 05	Hydrofit 6:45pm - 7:30pm Back Pool 06		Gilbert Teacher Supply Drive Aug 1st - 13th Drop Items to the Leasing Office 01 Pancake Breakfast 9:00am - 10:00am The Hub 08
Morning Flow Yoga 8:00am - 8:45am Yoga Studio Garden Club 10:00am Liv Garden 09	Hydrofit 6:45pm - 7:30pm Front Pool 10	Book Club 4:00pm The Hub Pilates 6:00pm - 6:45pm Yoga Studio 11	Taquizas Sin Fronteras Food Truck 6:00pm - 8:00pm Front Lot 12	Gilbert Teacher Supply Drive (Last Day) Aug 1st - 13th Drop Items to the Leasing Office Hydrofit 6:45pm - 7:30pm Back Pool 13		15
Morning Flow Yoga 8:00am - 8:45am Yoga Studio 16	Hydrofit 6:45pm - 7:30pm Front Pool 17	Pilates 6:00pm - 6:45pm Yoga Studio 18	Kid's Club 4:00pm - 5:00pm The Hub El New Yorcian Food Truck 6:00pm - 8:00pm Front Lot 19	Welcome Orientation 5:00pm - 5:45pm The Hub Hydrofit 6:45pm - 7:30pm Back Pool 20		22
Morning Flow Yoga 8:00am - 8:45am Yoga Studio 23	Hydrofit 6:45pm - 7:30pm Front Pool 24	Pilates 6:00pm - 6:45pm Yoga Studio 25	Dee Lights Backyard Bayou Food Truck 6:00pm - 8:00pm Front Lot 26	Hydrofit 6:45pm - 7:30pm Back Pool 27	Happy Hour 6:00pm - 8:00pm The Hub Facio Dogs Food Truck 6:00pm - 8:00pm Front Lot 28	Yappy Hour 7:30am Bark Park 29
30	Hydrofit 6:45pm - 7:30pm Front Pool 31	Beat the Heat Blackout Bingo: Fitness Edition A month-long challenge featuring a wellness bingo card with simple wellness activities and a chance to win prizes! Pick up your BINGO card in the office.			FOLLOW US!  Instagram: @livnorthgate  TikTok: livnorthgate  Facebook: livnorthgate 	

