

AUGUST EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Pilates 6:00pm The Hub	Garden Club 3:00pm - 4:00pm Liv Garden	Strength Training 8:00am - 8:30am Liv Fit		01
02	03	04	05	06	07	08
		Kid's Club 4:00pm - 5:00pm The Hub Pilates 6:00pm The Hub		Strength Training 8:00am - 8:30am Liv Fit		15
09	10	11	12	13	14	15
		Yappy Hour 4:00pm - 5:00pm Bark Park Pilates 6:00pm The Hub		Strength Training 8:00am - 8:30am Liv Fit		Pancake Breakfast 10:00am - 11:00am The Hub
16	17	18	19	20	21	22
		Pilates 6:00pm The Hub	Happy Hour 5:00pm - 6:30pm The Hub	Strength Training 8:00am - 8:30am Liv Fit		
23	24	25	26	27	28	29
30	31				FOLLOW US!  Facebook livarborbors  Tik Tok livarborbors  Instagram livarborbors	