

DAILY ACTIVITIES:

 **Coffee Chat**
8:00am - 9:00am
The Hub

WEEKLY ACTIVITIES:

LOOK FOR ICON ON CALENDAR

MONDAYS

 **Strength & Balance**
9:00am, Yoga Studio

TUESDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Techy Tuesdays**
1:00pm, The Hub

THURSDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Happy Hour**
4pm - 6pm, The Hub

SATURDAYS

 **Pancake Breakfast**
8am - 9am, The Hub
 **Movie Matinee**
1:00pm, The Lounge

SUNDAYS

 **Neighbors Helping Neighbors**
11am, The Hub

liv+
union peak

AUGUST 2026

-  Events in **orange** represent Liv Wellness Classes
-  Events in **blue** represent Resident-led event
-  Attend events in **purple** and earn Liv Loyal Rewards!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02  	Liv Responsibly Challenge Begins 03 Easy & Fun Rummikub Game 1pm, The Hub  	Liv to Quiz 04 10am, The Hub   	Restaurant Review with Churrasco de Brasil 05 5:30pm, The Hub 	Wine & Food Aromatics 06 10am, The Hub   	PURPLE HEART DAY 07 Wine & Food Aromatics 10am, The Hub Movie Matinee: Unbroken 1pm, The Lounge 	Liv to Learn: AI 01 9am, Yoga Studio    Learn about Hosting a Club 08 10am, Front Desk   
Sundae Funday 09 2pm, The Hub  	Easy & Fun Rummikub Game 10 1pm, The Hub  	11   	12 	Liv to Play: Billiards 13 10am, The Lounge   	Garden Club 14 8am, Meet in the Hub Liv to Learn: Power Up with Protein 2pm, Yoga Studio 	15   
16  	Pickleball 17 7am, The Rec Easy & Fun Rummikub Game 1pm, The Hub  	Liv to Quiz 18 10am, The Hub   	Yappy Hour with Pup Cups 19 8:00am, Bark Park Restaurant Review with Shake Shack 11:30am, The Hub 	August Birthday Celebrations 20 4pm, The Hub   	Game On: Bunco 21 2pm, The Hub 	22  
23  	Easy & Fun Rummikub Game 24 1pm, The Hub  	Techy Tuesday: How to Pay Rent on the Resident Portal 25 1pm, The Hub   	Community Potluck: A Taste of Home 26 4pm, The Hub 	Krafts with Katie 27 3pm, The Hub Karaoke 4-6pm, The Lounge   	Grill & Chill 28 12pm, The Grills Book Club 4pm, The Lounge 	29   
30  	Pickleball 31 7am, The Rec Easy & Fun Rummikub Game 1pm, The Hub  	Questions about events? Check the Resident Portal to view more info about and RSVP for the events!				

