

AUGUST EVENTS 2026

● Events in **orange** represent Liv Well events
 ● Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Yoga 6:00pm Yoga Studio		Pilates 4:30pm Yoga Studio Food Truck: Tacos Cheche 5:00pm - 7:00pm Front Lot	Marcos Pizza Discount Day Every first Thursday of the month use code SAVE50 at check out and get 50% off your order!		01 Food Truck: Miel Cafe 8:00am - 12:00pm Front Lot Pancake Breakfast 9:00am - 10:00am The Hub
02	03	04	05	06	07	08
	Yoga 6:00pm Yoga Studio	Kid's Club 5:00pm The Clubhouse	Pilates 4:30pm Yoga Studio Food Truck: Mr. Wonderful's 5:00pm - 7:00pm Front Lot			
09	10	11	12	13	14	15
Garden Club 5:00pm - 6:00pm Liv Garden	Yoga 6:00pm Yoga Studio		Pilates 4:30pm Yoga Studio Food Truck: Lollygag Waffles & Drinks 5:00pm - 7:00pm Front Lot		Happy Hour 6:30pm - 8:30pm Clubhouse Food Truck: Lil Mama's Wood Fired Pizza 6:30pm - 8:30pm Front Lot	Food Truck: Miel Cafe 8:00am - 12:00pm Front Lot
16	17	18	19	20	21	22
Yappy Hour 10:00am - 11:00am Bark Park	Yoga 6:00pm Yoga Studio		Pilates 4:30pm Yoga Studio Food Truck: Stone BBQ 5:00pm - 7:00pm Front Lot			
23	24	25	26	27	28	29
	Yoga 6:00pm Yoga Studio	Beat the Heat Blackout Bingo: Fitness Edition A month-long challenge featuring a wellness bingo card with simple wellness activities and a chance to win prizes! Pick up your BINGO card in the office.			FOLLOW US!  Tik Tok sol38byliv  Facebook /sol38byliv  Instagram sol38byliv	
30	31	  				