

SEPTEMBER EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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Morning Flow Yoga
9:15am - 10:00am | The Hub

06

LABOR DAY
OFFICE CLOSED

Hydrofit
4:00pm - 4:45pm | Back Pool

07

Yappy Hour
4:00pm - 5:00pm | Bark Park

01

Pilates
7:15pm - 8:00pm | The Hub

02

Hydrofit
5:15pm - 6:00pm | Back Pool

03

04

05

Morning Flow Yoga
9:15am - 10:00am | The Hub

06

Hydrofit
4:00pm - 4:45pm | Back Pool

07

Yappy Hour
4:00pm - 5:00pm | Bark Park

08

Chimichurri Food Truck
5:00pm - 8:00pm | Front Lot

09

Hydrofit
5:15pm - 6:00pm | Back Pool

10

11

Pancake Breakfast
9:00am - 10:00am | The Hub

12

Morning Flow Yoga
9:15am - 10:00am | The Hub

13

Hydrofit
4:00pm - 4:45pm | Back Pool

14

Yappy Hour
4:00pm - 5:00pm | Bark Park

15

Kid's Club
4:00pm - 5:00pm | The Hub

The Chicken Joint Food Truck
5:00pm - 8:00pm | Front Lot

Pilates
7:15pm - 8:00pm | The Hub

16

Hydrofit
5:15pm - 6:00pm | Back Pool

17

18

Garden Club
8:00am - 9:00am | Liv Garden

19

Morning Flow Yoga
9:15am - 10:00am | The Hub

20

Hydrofit
4:00pm - 4:45pm | Back Pool

21

Yappy Hour
4:00pm - 5:00pm | Bark Park

22

Pilates
7:15pm - 8:00pm | The Hub

23

Hydrofit
5:15pm - 6:00pm | Back Pool

24

Happy Hour
6:00pm - 8:00pm | The Hub

25

Facio's Dogs Food Truck
6:00pm - 8:00pm | Front Lot

Annual Kickball Tournament
5:00pm | Liv Northgate

26

*Residents
Appreciation
Week!*

Make It Monday - Soda Bar
4:00pm - 6:00pm | The Hub

Morning Flow Yoga
9:15am - 10:00am | The Hub

27

Hydrofit
4:00pm - 4:45pm | Back Pool

28

Walking Taco Tuesday
4:00pm - 5:00pm | The Hub

29

Spin the Wheel Wednesday
9:00am - 6:00pm | Leasing Office

30

Pilates
7:15pm - 8:00pm | The Hub

To Go Breakfast Thursday
7:30am - 8:30am | Front Entrance

01

Fur Resident Friday
9:00am - 6:00pm | Leasing Office

02