

OCTOBER EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

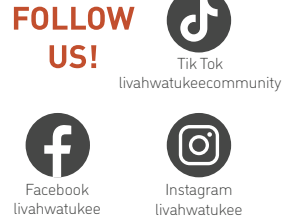
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



To Go Breakfast Thursday
7:30am - 8:30am | Front Entrance

*Liv to Give Food Drive Begins!
Oct - Nov | Liv Office*

Hydrofit
4:00pm - 4:45pm | Back Pool

01

Fur Resident Friday
9:00am - 6:00pm | Leasing Office

02

03

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

04

Hydrofit
5:15pm - 6:00pm | Front Pool

Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

05

Pilates
6:00pm - 6:45pm | Yoga Studio

07

Hydrofit
4:00pm - 4:45pm | Back Pool

08

Chimichurri Food Truck
6:00pm - 9:00pm | Front Lot

09

Pancake Breakfast
9:00am - 10:00am | The Hub

10

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

11

Hydrofit
5:15pm - 6:00pm | Front Pool

Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

12

Kid's Club
4:00pm - 5:00pm | The Hub

Pilates
6:00pm - 6:45pm | Yoga Studio

14

Hydrofit
4:00pm - 4:45pm | Back Pool

15

Facio Dogs Food Truck
6:00pm - 9:00pm | Front Lot

16

Garden Club
10:00am - 11:00am | Liv Garden

17

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

18

Hydrofit
5:15pm - 6:00pm | Front Pool

Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

19

Pilates
6:00pm - 6:45pm | Yoga Studio

21

Hydrofit
4:00pm - 4:45pm | Back Pool

22

Fall Festival + Happy Hour
6:00pm - 8:00pm | Front Lot

Smac and Cheese Food Truck
6:00pm - 9:00pm | Front Lot

23

24

Group Hike
10:00am | Telegraph Pass Trail

25

Hydrofit
5:15pm - 6:00pm | Front Pool

26

Yappy Hour
5:00pm - 6:00pm | Leasing Office

Pilates
6:00pm - 6:45pm | Yoga Studio

28

Hydrofit
4:00pm - 4:45pm | Back Pool

29

Taquizas Food Truck
6:00pm - 9:00pm | Front Lot

30

31