

OCTOBER EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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To Go Breakfast Thursday
7:30am - 8:30am | Front Entrance

Hydrofit
6:45pm - 7:30pm | Back Pool

01

Fur Resident Friday
9:00am - 6:00pm | Leasing Office

02

03

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

04

Hydrofit
6:45pm - 7:30pm | Front Pool

05

Book Club
4:00pm - 5:00pm | The Hub

Pilates
6:00pm - 6:45pm | Yoga Studio

06

Deelights Backyard Bayou Food Truck
5:00pm - 8:00pm | Front Lot

07

Hydrofit
6:45pm - 7:30pm | Back Pool

08

Pancake Breakfast
9:00am - 10:00am | The Hub

10

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

11

Hydrofit
6:45pm - 7:30pm | Front Pool

12

Pilates
6:00pm - 6:45pm | Yoga Studio

13

Kid's Club
2:30pm - 3:30pm | The Hub

Smac & Cheese Food Truck
5:00pm - 8:00pm | Front Lot

14

Hydrofit
6:45pm - 7:30pm | Back Pool

15

Fall Festival + Happy Hour
6:00pm - 8:00pm | Front Lot

16

17

Morning Flow Yoga
8:00am - 8:45am | Yoga Studio

Garden Club
10:00am | Liv Garden

18

Hydrofit
6:45pm - 7:30pm | Front Pool

19

Pilates
6:00pm - 6:45pm | Yoga Studio

20

Chimichurri Argentine Grill Food Truck
5:00pm - 8:00pm | Front Lot

21

Hydrofit
6:45pm - 7:30pm | Back Pool

22

Yappy Hour
7:30am - 8:30am | Bark Park

24

Group Hike
10:00am | Telegraph Pass Trail

25

Hydrofit
6:45pm - 7:30pm | Front Pool

26

Pilates
6:00pm - 6:45pm | Yoga Studio

27

Nelly's Food Truck
5:00pm - 8:00pm | Front Lot

28

Welcome Orientation
5:00pm - 5:45pm | The Hub

Hydrofit
6:45pm - 7:30pm | Back Pool

29

30

31