

OCTOBER EVENTS 2026

- Events in **orange** represent Liv Well events
- Events in **blue** represent Resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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To Go Breakfast Thursday
7:30am - 8:30am | Front Entrance

Fur Resident Friday
9:00am - 6:00pm | Leasing Office

Strength Training
8:00am - 9:00am | Liv Fit

01

02

03

04

05

06

07

Strength Training
8:00am - 9:00am | Liv Fit

08

09

10

11

12

13

14

Strength Training
8:00am - 9:00am | Liv Fit

Yappy Hour
4:00pm - 5:00pm | Bark Park

15

16

17

18

19

20

21

Strength Training
8:00am - 9:00am | Liv Fit

22

23

24

25

26

27

28

**Fall Festival
+ Happy Hour**
5:00pm - 6:30pm | The Hub

Strength Training
8:00am - 9:00am | Liv Fit

29

30

31

Pilates
6:00pm | The Hub

Garden Club
4:00pm - 5:00pm
The Hub

Pilates
6:00pm | The Hub

Kid's Club
4:00pm - 5:00pm
The Hub

Pilates
6:00pm | The Hub

Pilates
6:00pm | The Hub

Pancake Breakfast
10:00am - 11:00am
The Hub