

DAILY ACTIVITIES:

 **Coffee Chat**
8:00am - 9:00am
The Hub

WEEKLY ACTIVITIES:

LOOK FOR ICON ON CALENDAR

MONDAYS

 **Pickleball**
7:00am, The Rec
 **Strength & Balance**
9:00am, Yoga Studio
 **Rummikub**
1:00pm, The Hub

TUESDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Techy Tuesdays**
1:00pm, The Hub

THURSDAYS

 **Yoga with Sue**
8:00am, Yoga Studio
 **Chair Yoga**
9:00am, Yoga Studio
 **Happy Hour**
4pm - 6pm, The Hub

SATURDAYS

 **Pancake Breakfast**
8am - 9am, The Hub
 **Sculpt & Tone**
9am, Yoga Studio
 **Movie Matinee**
1:00pm, The Lounge

SUNDAYS

 **Neighbors Helping Neighbors**
11am, The Hub

liv+
union peak

OCTOBER 2026

 Events in **orange** represent Liv Wellness Classes
 Events in **blue** represent Resident-led event
 Attend events in **purple** and earn Liv Loyal Rewards!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Fall Door Decorating Contest starts October 1st (Winners announced on 10.29)    		
04	Pickleball with Pat 7am, The Rec    	06	Watercolors with Camile 1pm, The Hub 	Happy Hour: Meet Your Neighbor 4pm, The Hub    	Game On: Cue Up & Connect 2pm, The Hub 	10
 		   				   
11	Bible Study 10am, Yoga Studio    	Liv to Quiz 10:15am, The Hub    	Watercolors with Camile 1pm, The Hub 	Happy Hour: October Birthday Celebrations 4pm, The Hub    	Garden Club 8:00am Meet in the Hub 	17
 						   
18	19	20	Watercolors with Camile 1pm, The Hub 	Happy Hour: Spooky Potluck 4pm, The Hub    	Book Club 4pm, The Lounge 	Eco Swap Market 10am, The Hub    
 		   				
25	Pickleball with Pat 7am, The Rec Bible Study 10am, Yoga Studio    	Liv to Quiz 10:15am, The Hub    	Watercolors with Camile 1pm, The Hub 	Paws on the Catwalk Halloween Edition 3:15pm, The Hub Harvest Happy Hour + Fall Fling 4pm, The Hub    	30	31
 						   